

# Whips and Chains

**COPPER** KNOB  
STEPSHEETS

Count: 16

Wall: 4

Level: Beginner

Choreographer: Piper Karren (USA) - January 2024

Music: Lovin On Me - Jack Harlow



---

**\*1st 8: sailor step R, sailor step L, kick heels RL, body roll**

1&2 rock R behind L (1), recover R (&), step back out R (2)  
3&4 rock L behind R (3), recover L (&), step back out L (4)  
5&6& tap R heel out (5), return R heel (& tap L heel out (6), return L heel (&  
7-8 body roll backwards (7-8)

**\*2nd 8: step R cross L then hold, step R cross L then hitch, tap L behind, ¼ left walk RL**

1&2 step R forward crossing over L (&1) hold (2)  
3&4 step R forward crossing over L (&3) hitch L (4)  
5&6 tap L behind (5) ¼ turn L (6)  
7-8 walk forward R (7) walk forward L (8)

Last Update: 22 Jan 2024

---