Your Movement



Count: 32 Wall: 2 Level: Improver

Choreographer: Silvia Schill (DE) - January 2024

Music: Every Breath You Take (feat. Sting) - Dolly Parton



The dance begins after 32 beats after 'you take'

S1: Rocking chair, step, pivot ½ l 2x (rocking chair 2x)		
•	1-2	Step forward with right - weight back on the LF
3	3-4	Step back with right - weight back on the LF
Į	5-6	Step forward with right - ½ turn left around on both balls, weight at the end left (6 o'clock)
7	7-8	Same as 5-6 (12 o'clock)

Restart: In the 8th round - direction 6 o'clock - stop here and start again from the beginning

S2: Rock forward & step, point, jazz box with touch		
1-2	Step forward with the right - weight back on the LF	
&3-4	Pull/set RF to the left and step forward with left - tap right toe right	
5-6	Swing RF forward in a circle and cross over left - small step backwards with left	
7-8	Step right to right side - touch LF next to right	
S3: Side, behind, chassé l turning ¼ l, step, pivot ½ l, chassé r		
1-2	Step left with left - cross RF behind left	
3&4	Step left with left - pull/set the RF to the left, ¼ turn left around and step forward with left (9 o'clock)	
5-6	Step forward with right - 1/2 turn left around on both balls, weight at the end left (3 o'clock)	
7&8	Step right with right - pull/set LF to the right and step right with right	
S4: Rock back, chassé l turning ½ r, ½ turn r, touch forward, step, brush		
1-2	Step back with left - weight back on the RF	
3&4	Step left with left - pull/set RF to the left, ¼ turn right and step back with left (4:30)	
5-6	1/₂ Turn right and step back with right - touch LF in front of right (snap at shoulder height) (6 o'clock)	

Step forward with left (wipe your hands backwards along your thighs) - swing your RF

forward along your LF (6 o'clock) (wipe your hands forward along your thighs)

Repeat to the end

7-8

And don't forget to smile, because dancing is fun!
There is no guarantee for errors in the translation, content, spelling, etc.!
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