

Banana Split

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Liz Atkinson (USA) - February 2024

Music: Banana Split for My Baby - Louis Prima



#16 count intro, begin with lyrics - No Tags or Restarts

S1: WALK X4, HEEL SPLITS X2

1, 2, 3, 4 Step RF fwd, step LF fwd, step RF fwd, step LF beside RF
5, 6, 7, 8 Swivel both heels out, return, swivel heels out, return

S2: STEP BACK, KICK X4

1, 2, 3, 4 Step RF back, kick LF fwd, step LF back, kick RF fwd
5, 6, 7, 8 (repeat 1-4) Step RF back, kick LF fwd, step LF back, kick RF fwd

S3: SIDE, TOGETHER, SIDE, TOUCH, 1/4L FWD, TOGETHER, FWD, TOUCH

1, 2, 3, 4 Step RF to R side, step LF beside RF, step RF to R side, touch LF beside RF
5, 6 Turning 1/4L (9:00) step LF fwd, step RF beside LF,
7, 8 Step LF fwd, touch RF beside LF (*optional- Brush RF fwd on count 8)

S4: K-STEP

1, 2 Step RF to fwd/R diagonal, touch LF beside RF
3, 4 Step LF to back/L diagonal (home), touch RF beside LF
5, 6 Step RF to back/R diagonal, touch LF beside RF
7, 8 Step LF to fwd/L diagonal (home), touch RF beside LF

Contact: info@LizAtkinsonDance.com Asheville, NC, USA
