Count: 32
Wall: 4
Level: Beginner
Choreographer: Mandie Spano (CAN) - February 2024
Music: Up! - Shania Twain

Walk backwards 3 x , kick, walk backwards 3 x , kick.
1-4 Walk backwards, R, L, R, kick left foot forward.
5-8 Walk backwards, L, R, L, kick right foot forward.
Side rock, shuffle, side rock, shuffle.
9-10, 11 \& $12 R$ foot side rock, recover $L$, shuffle forward, crossing over $L$ foot.
13-14, 15 \& L foot side rock, recover $R$, shuffle forward, crossing over $R$ foot. 16

Vine, shuffle, pivot, shuffle.
17-18, 19 \& $R$ foot side, $L$ foot behind, shuffle side, R, L, R.
20
21-22, 23 \& Pivot turn to side, shuffle forward, L, R, L.
24
Full turn, walk, walk, hips.
25-28 Full turn to left, R, L, walk, walk, R, L.
29-32 Hips, R back, L forward.

## Repeat.

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