

Ulveham (Werewolf)

COPPER KNOB
STEPSHEETS

Count: 56

Wall: 4

Level: Phrased Easy Intermediate

Choreographer: Ellen Fyrand (NOR) - February 2024

Music: Ulveham - Gåte : (Norways contribution to ESC 2024)



Part A: 32 Counts Part B: 24 Counts 1 Tag: 4 Counts 3 Restarts

To be danced: A 32 C, A 16 C, Tag 4 C, R1, B 24 C, A 31 C, R2, B 24 C, A 8 C, R3, B 24 C, A 8 C

Part A: 32c

Sec 1: R Shuffle Back, L Shuffle Back, 1/2 Turn L, Pivot 1/2 Turn L, Step

- 1&2 On R Diag [4:30] Step Back on RF (1), Step LF Beside (&), Step Back on RF (2)
- 3&4 On L Diag [7:30] Step Back on LF (3), Step RF Beside (&), Step Back on RF (4)
- 5-8 1/2 Turn R and Step FW on RF (5), Step FW on LF (6) [6:00]
- 7-8 1/2 Turn R and Step FW on RF (7), Step FW on LF (8) [12:00]

Sec 2: R Shuffle FW, L Shuffle FW, Jazzbox 1/4 Turn R, Cross

- 1&2 On R Diag [1:30] Step FW on RF (1), Step LF Beside (&), Step FW on RF (2)
- 3&4 On L Diag [10:30] Step FW on LF (3), Step RF Beside (&), Step FW on LF (4)
- 5-7 Cross RF in Front (5), Step Back on LF (6), 1/4 Turn R and Step RF to Side (7) [3:00]
- 8 Cross LF in Front (8)

*** On Wall 2 Step FW on count 8, do the 4 C Tag, and Restart with Part B**

Sec 3: Chassé 1/4 Turn R, Pivot 1/2 Turn R, 1/4 Turn R, Side, Cross, Side, Cross, Side

- 1&2 Step RF to Side (1), Step LF beside (&), 1/4 Turn R and Step FW on RF (2) [6:00]
- 3-4 Step FW on LF (3), 1/2 Turn R and Step FW on RF (4) [12:00]
- 5-6& 1/4 Turn R and Step LF to Side (5), Cross RF back (6), Step LF to Side (&) [3:00]
- 7-8 Cross RF in Front (7), Step LF to Side (8)

Sec 4: R Cross Shuffle, Side Rock, L Cross Shuffle, Cross, 1/4 Turn R

- 1&2 Cross RF in Front (1), Step LF to Side (&), Cross RF in Front (2)
- 3-4 Rock LF to Side (3), Recover to RF (4)
- 5&6 Cross LF in Front (5), Step RF to Side (&), Cross LF in Front (6)

***Restart on W 4: Touch RF on Count 7 and Restart with Part B**

- 7-8 1/8 Turn R and Cross RF in Front (7), 1/8 Turn R and Step Back on LF (8) [6:00]

Part B: 24c (1. time starts on 9:00 o'clock, 2. time starts on 3:00 o'clock, 3. time starts on 6:00 o'clock)

Sec 1: R Volta Full Turn R, Step, L Volta Full Turn L

- 1& Full turn R on a Circle, RF Step FW (1), Step LF Beside (&)
- 2&3&4& Repeat Steps (2&3&4&)
- 5 Step FW on RF (5)
- 6& Full Turn L on a Circle, LF Step FW (6), Step RF Beside (&)
- 7&8& Repeat Steps (6&7&8&)

Sec 2: Step, Shuffle, Sway L-R, Start Fall Away 3/4 Turn L, Cross, Side, Back, Back, Side, Step

- 1-2&3 Step FW on LF (1), Step FW on RF (2), Step LF beside (&), Step FW on RF (3)
- 4-5-6& Sway L (4), Sway R (5), Cross LF in Front (6), Step RF to Side (&)
- 7-8 1/8 Turn L and Step Back on LF (7) [7:30], Step Back on RF (8)
- &1 1/8 Turn L and Step to Side on LF (&) [6:], 1/8 Turn L and Step FW on RF (1) [4:30]

Sec 3: Continue Fall Away, Step, Side, Back, Back, Side, Step, L Shuffle, Touch R

- 2& Step FW on LF (2), 1/8 Turn L and Step RF to Side (&), [3:00]
- 3 1/8 Turn L and Step Back on LF (3) [1:30]
- 4&5 Step Back on RF (4), 1/8 Turn L and Step LF to Side (&) [12:00], Step FW on RF (5)

6&7-8 Step FW on LF (6), Step RF Beside (&), Step FW on LF (7), Touch RF Beside LF (8)
*** 3. time Part B the Fall Away will be a Full Turn, starts and ends on Back Wall!!**

Tag 4 counts

1&2-3&4 R Mambo FW, L Mambo BW

Restart 1: on Wall 2, dance up to count 16, do the Tag, and Restart with Part B, facing 9:00

Restart 2: on Wall 4, dance up to count 30, Touch RF on count 31 and Restart with Part B, Facing 3:00

Restart 3: facing 6:00 dance Part A up to count 8 and Restart with Part B, starts & ends facing 6:00

Ending: starts facing 6:00 dance Part A up to count 8 and make 1/2 Turn R to face 12:00

Last Update: 22 Feb 2024
