# **AB Sleepy Lion**

**Count: 32** 

Level: Absolute Beginner / Beginner

Choreographer: Janet Cummings (USA) - February 2024

Music: The Lion Sleeps Tonight - The Tokens

or: We Like To Party - Vengaboys

Intro: 32 Counts - No Tags or Restarts \*\*\*Alternate Track Choice...We Like To Party by Vengaboys

# Start with Weight on Left...

# SECTION 1: WALK FORWARD, BRUSH, WALK FORWARD, BRUSH; V

- 1, 2, 3, 4 R Walk Forward, L Brush, L Walk Forward, R Brush
- 5,6 R Step Diagonally Forward, L Step Diagonally Forward
- 7,8 R Step Back to Center, L Step Back to Center

#### SECTION 2: R DIAGONAL BACK, L TOUCH, L DIAGONAL BACK, R TOUCH; R DIAGONAL FORWARD, L TOUCH, L DIAGONAL FORWARD, R TOUCH

- 1, 2, 3, 4 R Step Diagonally Back, L Touch, L Step Back Diagonally, R Touch
- 5, 6, 7, 8 R Step Diagonally Forward, L Touch, L Step Diagonally Forward, R Touch

## **SECTION 3: RUMBA BOX BACK**

- 1.2 R Step to Side, L Follow
- 3, 4 R Step Back, L Touch
- 5,6 L Step to Side, R Follow
- 7,8 L Step Forward, R Touch

## SECTION 4: TRI ROCKER, TWIST

- 1, 2 R Rock Forward, L Recover
- 3, 4 R Rock to Side, L Recover
- 5,6 R Rock Back, L Recover
- 7,8 Bring R foot Forward - then on Both Feet, Twist Left, then Twist Back to Center

NOTE: For Beginners +...to make this a 4-Wall dance, in Section 4 - stay in pattern for steps 1- 6, then turn 1/4 Left, Sway Right (7), Sway Left (8). Begin with Section 1.

Have fun with this dance, it is # 28 in our AB Series...be a little sassy!

The oldie but goodie track comes from the Doo Wop Era, and is simple and uncomplicated. If you use the Alternate by the Vengaboys

it is quicker and a lot of fun, still NO tags or restarts!

Thank you all for joining me on my blessed journey. Be safe and well everyone! I hope to see you on a dance floor somewhere...God bless.

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Wall: 1