Through The Seasons



Count: 32 Wall: 4 Level: High Beginner

Choreographer: Pita Loppies (INA) - March 2024

Music: Seasons - Thirty Seconds to Mars



Intro: 4x8

**2 Restarts on wall 2 & 5 after 16 counts

Section 1: Side Rock Recover R L, Dorothy RL

1-2&	Step R Side , Rock L Behind , Recover on R
3-4&	Step L side , Rock R Behind , recover on L

5-6& Step R Diagonally Forward ,lock L behind , Step R diagonally Forward 7-8& Step L Diagonally Forward ,lock R behind , Step L diagonally Forward

Section 2: Rocking Chair, Syncopated Jazzbox, touch

1-2	Rock R Forward, Recover On L
3-4	Rock R Back , Recover On L

5-6& Cross R over L ,Step L back, Step R Side

7-8 Step L forward, touch R next to L

Section 3 step Side together, shuffle Forward, rock recover, chasse turn

1-2	Step R side ,	Close L	Together

3&4 Step R Forward , Step L next to L, Step R Forward

5-6 Rock L forward ,recover on R

7&8 1/4 turn L step L side, close R Together, 1/4 turn L step L Forward

Section 4: Pivot 1/4, cross shuffle, Side Mambo, Knee Pop

1-2	Step R Forward,	1/4 turn L (weight on L)
3&4	Cross R over L,	step L side	, cross R

5&6 Rock L side, Recover On R, close L together

7-8 Rock R back (with L knee pop) , recover on L (with R knee pop)

Ending on wall 8, 3 count:

1-2& 3 step R Side, Rock L Behind, Recover on R, 1/4 turn L step L forward