

Love Is On My Mind

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Maria Tao (USA) - March 2024

Music: Love Is On My Mind - Albert West : (CD: Hollands Glorie)



Intro: 16 counts

Note: 1 Restart on WALL 6

[S1] STEP FWD, HOLD, BEHIND, OUT, OUT, TOE BACK, UNWIND 1/2 TURN R, 1/4 TURN R SIDE ROCK, RECOVER & FLICK

- 1-2& Step R forward (1), hold (2), step L slightly behind to R (&)
- 3-4 Step R outwards to R, step L outwards to L
- 5-6 Touch R toe back, unwind 1/2 turn R (weight on R)
- 7-8 1/4 turn R rocking L to L, recover onto R flicking L behind R [9:00]

[S2] SIDE, HOLD, TOGETHER, CHASSE L, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

- 1-2& Step L to L (1), hold (2), step R next to L (&)
- 3&4 Step L to L, step R next to L, step L to L
- 5-6 Cross rock R over L, recover onto L
- 7-8 Rock R to R. recover onto L

[S3] BEHIND, 1/4 TURN L, FWD, TOUCH, BACK, TOUCH, KICK-BALL-CHANGE

- 1-2 Step R behind L, 1/4 turn L stepping L forward [6:00]
- 3-4 Step R forward, touch L next to R
- 5-6 Step L back, touch R next to L
- 7&8 Kick R forward, step R back, step L forward

*** Restart here on WALL 6 (facing 9:00) ***

[S4] STEP FWD, PIVOT 1/4 TURN L & POINT, 1/4 TURN R & HOOK, STEP FWD, STEP FWD, PIVOT 1/2 TURN R, 1/4 TURN R SIDE, TOUCH

- 1-2 Step R forward, pivot 1/4 turn L pointing R to R
- 3-4 1/4 turns R on ball of L hooking R over L, step R forward
- 5-6 Step L forward, pivot 1/2 turn R [12:00]
- 7-8 1/4 turn R stepping L to L, touch R next to L [3:00]

START AGAIN!

RESTART: On WALL 6 - dance up to count 24 - then restart the dance (facing 9:00)