

Forever and Ever (Morning Sun)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Luci Chryz (INA) & AndreClassic (INA) - March 2024

Music: For Ever And Ever (And Ever) - Engelbert Humperdinck



Intro: 32c - Start RF

Sec 1 - Side rock, recover, cross shuffle, Side rock, ¼L recover step in place, coaster step

- 1 2 Rock RF to side (1) Recover on LF (2)
- 3&4 Cross RF over LF (&) Step LF to side (&) Cross RF over LF (4)
- 5 6 Rock LF to side (5) ¼ L recover on RF facing 09.00 (6)
- 7&8 Step LF back (7) Together RF (&) Step LF forward (8)

Sec 2 - Fwd rock, recover, step back, hook Fwd rock recover, ¼L step side, touch

- 1 2 Rock RF forward (1) Recover on LF (2)
- 3 4 Step RF back (3) Hook LF (4)
- 5 6 Rock LF forward (5) Recover on RF (6)
- 7 8 ¼ L step LF to side (7) Touch RF (8)

Sec 3 - Rumba box (with hold or touch)

- 1 2 Step RF to side (1) Step LF together (2)
- 3 4 Step RF forward (3) Hold/touch (4)
- 5 6 Step LF to side (5) Step RF together (6)
- 7 8 Step LF back (7) Hold/touch (8)

Restart here on W6 after 24C (Restart facing 09.00)

Sec 4 - Step back, kick, step in place, kick, ¼L step side, touch, side, touch

- 1 2 Step RF back (1) Kick LF forward (2)
- 3 4 Step LF in place (3) Kick RF forward (4)
- 5 6 ¼ L Step RF in place (5) Touch LF (6)
- 7 8 Step LF to side (7) Touch RF (8)

ENJOY THE DANCE ☐

Submitted by dechryz@gmail.com