Down On My Knees

Count: 32

Level: Beginner

Choreographer: Philip Yong (SG) - April 2024

Music: Down On My Knees - Freddie Spires

Sec 1: R-L Ba	ack, R Back Shuffle, L Back Rock & Recover, L Forward Shuffle
1-2	Step back on RF and LF (1-2)
3&4	Step RF back (3), close LF next to RF (&), step RF back (4)
5-6	Rock LF back (5), recover weight on RF (6)
7&8	Step LF forward (7), close RF next to LF (&), step LF forward (8)
Sec 2: R Side Together, R Side Chasse, L Cross Weave	
1-2	Step RF to R side (1), close LF beside RF (2)
3&4	Step RF to R side (3), close LF next to RF (&), step RF to R side (4)
5-6	Cross LF over RF (5), step RF to R side (6)
7&8	Cross LF behind RF (7), step RF to R side (&), cross LF over RF (8)
Sec 3: R Side Rock & Recover, R Cross Shuffle, L Side Together, L Forward Shuffle	
1-2	Rock RF to R side (1), recover weight on LF (2)
3&4	Cross RF over LF (3), step LF to L side (&), cross RF over LF (4)
5-6	Step LF to L side (5), close RF beside LF (6)
7&8	Step LF forward (7), close RF next to LF (&), step LF forward (8)
Sec 4: R Forward Rock & Recover, R Side Chasse ¼ R, L Forward Rock & Recover, L Back Shuffle	
1-2	Rock RF forward (1), recover weight on LF (2)
3&4	Turn ¼ R stepping RF to R side (3), close LF beside RF (&), step RF to R side (4)
5-6	Rock LF forward (5), recover weight on RF (6)
7&8	Step LF back (7), close RF next to LF (&), step LF back (8)
Submitted by: EWS WINSON - Email: winsonews@gmail.com	





Wall: 4