Hey Old Lover EZ

Count: 32

Level: Absolute Beginner

Choreographer: Cathy Garland (USA) - April 2024

Music: Hey Old Lover - Kip Moore

Intro: 8 cts (approx.. 5 sec.) One EZ Restart on Wall 4

WALK RIGHT & LEFT (12:00 - 12:00)

- Facing1:30 Walk R L R, Touch LF next to R while turning toward 11:30 1-4
- 5-8 Facing11:30 Walk L R L, Touch RF next to L while turning toward 12:00
- Restart here Wall 4 at 9:00

K STEPS (12:00 - 12:00)

Step RF diagonal front, Touch LR next to R, Step LF diagonal back, Touch RF next to L 1-4 5-8 Step RF diagonal back, Touch LF next to R, Step LF diagonal front, Touch RF next to L

DIAGONAL STEP - LOCK STEP RIGHT & LEFT (12:00 - 12:00)

- Step RF diagonal forward, Lock LF behind R 1-2
- 3&4 Step RF diagonal forward(3), Lock LF behind R(&), Step RF diagonal forward(4)
- 5-6 Step LF diagonal forward, Lock RF behind L
- 7&8 Step LF diagonal forward(7), Lock RF behind L(&), Step LF diagonal forward(8)

JAZZ BOX ¼ TURN RIGHT, ½ PIVOT X2 (12:00 – 9:00)

- Cross RF over L, Step back on LF 1-2
- 3-4 Turn ¼ R Step forward on RF, Step LF next to R
- 5-6 Step RF forward, Pivot 1/2 turn over L shoulder with weight on L
- 7-8 Step RF forward, Pivot 1/2 turn over L shoulder with weight on L

Non-Turning option for 5-8 is a Rock Chair

Last Update: 26 Sep 2024





Wall: 4