

# Lush Life

**COPPER** **NOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: MissEL (INA) - May 2024

Music: Lush Life - Zara Larsson



Intro : 16 Counts

Tag : 16 Counts (at the end Wall 7 )

## \*S1# HALF RUMBA BOX FORWARD - FORWARD MAMBO - COASTER STEP

- 1 & 2 (1) Step R to side, (&) Close L together, (2) Step R forward  
3 & 4 (3) Step L to side, (&) Close R together, (4) Step L forward  
5 & 6 (5) Step R forward, (&) Step L in place, (6) Close R together  
7 & 8 (7) Step L backward, (&) Close R together, (8) Step L forward

## \*S2# PIVOT 1/4 TURN LEFT - FLICK R - CROSS SHUFFLE - SIDE ROCK - BEHIND - SIDE - CROSS

- 1 - 2 (1) Step R forward, (2) 1/4 turn left with quick kick R backward (09.00)  
3 & 4 (3) Cross R over L, (&) Step L to side, (4) Cross R over L  
5 - 6 (5) Step L to side, (6) Recover on R  
7 & 8 (7) Cross L behind R, (&) Step R to side, (8) Cross L over R

## \*S3# SAMBA WHISK R L - 1/2 TURN LEFT PIVOT - 1/2 TURN LEFT BACK LOCK SHUFFLE

- 1 a 2 (1) Step R to side, (a) Ball L behind R, (2) Step R in place  
3 a 4 (3) Step L to side, (a) Ball R behind L, (4) Step L in place  
5 - 6 (5) Step R forward, (6) 1/2 turn left Recover on L (03.00)  
7 & 8 (7) 1/2 turn left step R backward (9.00), (&) Cross L over R, (8) Step R backward

## \*S4# SAILOR STEP L R - 1/2 JAZZBOX - SLIDE - DRAG - CLOSE

- 1 & 2 (1) Cross L behind R, (&) Step R to side, (2) Step L in place  
3 & 4 (3) Cross R behind L, (&) Step L to side, (4) Step R in place  
5 - 6 (5) Cross L over R, (6) Step R backward  
7 - 8 (7) Slide L to side, (8) Drag L close R

**TAG : at the end Wall 7 (03.00) : 16 Counts**

### \*TS1# V STEP (2X)

- 1 - 2 (1) Step R diagonal forward to right, (2) Step L diagonal forward to left  
3 - 4 (3) Step R back to center, (4) Close L together  
5 - 6 (5) Step R diagonal forward to right, (6) Step L diagonal forward to left  
7 - 8 (7) Step R back to center, (8) Close L together

### \*TS2# 1/2 TURN LEFT PIVOT 2X- BODY WAVE

- 1 - 2 (1) Step R forward, (2) 1/2 turn left Recover (09.00)  
3 - 4 (3) Step R forward, (4) 1/2 turn left Recover (03.00)  
5 Step R close to beside L  
6 - 7 - 8 Move body like waves from head - shoulder - chest - stomach - hip - sit

Happy Dancing...

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