

I Had Some Help

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Stacey Snyder (USA) - May 2024

Music: I Had Some Help (feat. Morgan Wallen) - Post Malone



#32 count intro. *1 Restart—Wall 4 after 16 counts

Side Step Together, Shuffle Fwd., Side Step Touch, Side Step, ½ Turn

- 1-2 Step R to R side, Step L together with R
- 3&4 Shuffle Forward R, L, R
- 5-6 Step L to L side, Touch R toe behind L
- 7-8 Step R to R side, Turn ½ turn over L shoulder (keeping pressure on R) (6:00)

Side Step Together, Shuffle Fwd., Side Step Hold, Cross and Cross

- 1-2 Step L to L side, Step R together with L
- 3&4 Shuffle Forward L, R, L
- 5-6 Step R to R side, Hold
- 7&8 Cross step L over R, Step R to R Side, Cross step L over R

*(Restart here during wall 4)

Side Rock, Cross and Cross, Side Step, ¼ ¼ ¼ turn

- 1-2 Rock R to side, Recover onto L
- 3&4 Cross step R over L, Step L to L side, Cross step R over L
- 5-6 Step L to L side, Turn ¼ turn over R shoulder step R to R Side (9:00)
- 7-8 Turn ¼ turn R step L to L side (12:00), Turn ¼ turn over R shoulder step R to R side (3:00)

Vaudeville, Ball Change Heel, Long Side Step, Drag, Two Stomps

- 1&2 Cross step L over R, Step back onto R, L heel tap forward
 - &3-4 Ball Change L step then R, L heel tap forward
 - 5-6 Long step L to L side, Drag R to meet L
 - 7-8 Stomp R in place, Stomp L in place
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