Alabama Cowboy

Level: Beginner



Count: 32

Choreographer: Jan Martin (AUS) - May 2024

Music: Oh Suzanna - Yamboo

Dance starts 49 Secs into this version of the song; just after he sings Woo hoo ... No tags no restarts

* To Finish dance facing 12.O'clock ... Step Change last wall (11) ... Sec 4 ... Steps 5-8 (R) ¼ Turn Jazzbox*

Sec1: Syncopated Weave, Back Rock/ Recover, ¼ (L) Turn Fwd Shuffle

Wall: 4

- 1,2 & 3, 4 Step (R) to (R) side, cross (L) behind (R), Step (R) to (R) side, cross (L) over (R), step (R) to (R) side
- 5, 6, 7&8 Rock Back on (L), Recover Fwd onto (R), Step (L) ¼ Turn to (L), Step (R) beside (L), step (L) Fwd.

Sec2: (R) Rocking chair, 2 x ¼ (L) Paddle Turn

- 1,2,3,4 Rock Fwd on (R), Recover weight on (L), Rock Back on (R), Recover weight on (L)
- 5,6,7,8 Step (R) Fwd, Turn ¼ (L) Weight On (L), Step (R) Fwd, Turn ¼ (L) Weight On (L),

Sec3: Diagonal Step, Slide, Heel Bounces (R & L)

- 1,2,3,4 Step (R) Fwd Diagonally to the (R), Slide (L) next to (R), Heels together bounce twice,
- 5,6,7,8 Step (L) Fwd Diagonally to the (L), Slide (R) next to (L), Heels together bounce twice.

Sec4: V Step, (R) Heel Replace, (L) Heel Replace

- 1,2,3,4 Step (R) to (R) Diagonal, Step (L) to (L) Diagonal, Step (R) Back to Centre, Step (L) next to (R),
- 5,6,7,8 Touch (R) Heel Fwd, Step (R) Back in place. Touch (L) Heel Fwd, Step (L) Back in place.

(Sec4) *Step Change... Last wall ... Steps (5 - 8) ... (R) ¼ Turning Jazz-box.*

5,6,7,8 Cross (R) Over (L), Step back on (L) Making 1/4 Turn (R), Step (R) To (R) Side, Step (L) next to (R)

Start the dance again Enjoy

