Nhu Loi Don

Level: Intermediate



Intro Music : 32 Count - No Tag, No Restart

Sequence : ABB ABB AA

Part A. 64 Count

S1. VAUDEVILLE TOUCH, CROSS SHUFFLE, SAMBA WHISK R-L

- 1&2 Cross RF Over LF, Step LF to Side, Touch RF Diagonal RF
- 3&4 Cross LF Over RF, Step RF to Side, Cross LF Over RF
- 5a6 Step RF to Right Side, Rock LF Behind RF, Recover on RF
- 7a8 Step LF to Left Side, Rock RF Behind LF, Recover on LF

S2. ROCKING, ¼ SAILOR TURN, HIP ROLL, BATUCADA

- 1&2 Rock RF Fwd, Recover on LF, Rock RF Backward Recover LF
- 3&4 1/4 Turn LF Stepping LF Behind RF, Step RF in Place, Step LF Forward (9.00)
- 5-6 Press R Ball Fwd and Hip Roll to R Recover on L
- 7&8 Step RF Back While Touch, LF Inplace and Hip Bump, Step LF Back, Touch RF In place and Hip Bump

S3. CROSS MAMBO, FWD MAMBO, BACK MAMBO

- 1&2 Step RF to Side, Recover in LF, Cross RF Over LF
- 3&4 Step LF to Side, Recover in RF, Cross LF Over RF
- 5&6 Step RF Fwd, Recover Close Beside LF
- 7&8 Step LF Backward Recover Close Beside RF

S4. DIAGONAL LOCK SHUFFLE R-L, PADDLE TURN (3.00)

- 1&2 Step RF Diagonal Fwd, Lock LF Behind RF Step RF Diagonal Fwd
- 3&4 Step LF Diagonal Fwd, Lock RF Behind LF Step LF Diagonal Fwd
- 5-6 Step RF Fwd, Turn 1/2 Left Step LF Inplace
- 7-8 Step RF Fwd, Turn ¼ Left Step LF Inplace

S5. SKATE, BOTAFOGO R-L, KICK BALL SIDE TOUCH

- 1-2 Skate Fwd on RF to R Diagonal, Skate Fwd on LF to L Diagonal
- 3&4 Cross RF Over LF, Step LF to Side, Recover on RF
- 5&6 Cross LF Over RF, Step RF to Side, Recover on LF
- 7&8 Kick RF Fwd, Step RF Ball Beside L, L Side Touch

S6. SIDE CLOSE, ROLLING VINE TURN, WAVE X2

- 1-2 Step LF Close Beside RF, Step RF Touch Beside R
- 3-4 Turn ¹/₄ R Step RF Fwd, Turn ¹/₂ R Step LF Back
- 5-6 Turn ¼ R Step RF Side, Touch LF Behind RF
- 7-8 Step LF Side with Body Wave Weight on RF to LF

S7. WALK, MAMBO STEP, BACK SWEEPS, BACK HITCH (6.00)

- 1-2 Walk Forward RF LF (6.00)
- 3&4 Rock RF Fwd, Recover on LF, Rock RF Back
- 5-6 Step LF Back With Sweep RF, Step RF Back With Sweeps LF
- 7-8 Step Hitch on RF





S8. WALK, MAMBO STEP, BACK SWEEPS, BACK HITCH

- 1-2 Walk Forward LF RF
- 3&4 Rock LF Fwd, Recover on RF, Rock LF Back
- 5-6 Step RF Back With Sweep LF, Step LF Back With Sweeps RF
- 7-8 Step Hitch on LF

Part B. 16 Count (2x)

S1. ROCKING FWD, LOCK SHUFFLE FORWARD, ROCKING FWD, COASTER STEP (6.00)

- 1&2 Rock RF Fwd, Recover on LF, Rock RF Back
- 3&4 Step RF Fwd, Lock LF Behind RF Step RF Fwd
- 5&6 Rock LF Fwd, Recover on RF, Rock LF Back
- 7&8 Step RF Back, Close LF Next to RF, Step RF Fwd

S2. VOLTA 1/2 TURN LEFT, BOTAFOGO R-L

- 1&2 ¼ Turn L Crossing LF Over RF, Step on Ball of RF
- 3&4 ¹/₄ Turn L Crossing LF Over RF, Step on Ball of RF
- 5a6 Cross RF over LF, step LF to LF side , recover on RF
- 7a8 Cross LF over RF, step RF to RF side, recover on L

Enjoy the Dance!!!

Last Update: 1 Jul 2024