

# All My Life

**COPPER** KNOB  
STEPSHEETS

**Count:** 56

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Jennifer Streeter (USA) & Casandra Monville (USA) - June 2024

**Music:** All My Life - Falling In Reverse & Jelly Roll



## Walk forward, kick, walk back, tap

1-2-3-4 Walk forward right, left, right, kick left forward

5-6-7-8 Walk back left, right, left, tap right

## Heel, heel, heel, heel, step touch, ¼ turn

1-2-3-4 Right heel, left heel, right heel, left heel

5-6-7-8 step touch LF to RF diagonally, RF to LF, LF to RF, RF to LF while turning ¼ to the left

## Heel toe

1-2 step right heel to right, grind heel, toe forward

3-4 step right heel to right, grind heel, toe forward

5-6 step left heel to left, grind heel, toe forward

7-8 step left heel to left, grind heel, toe forward

## kick, pivot, stomp

1-2 kick RF forward, kick LF forward

3-4 Pivot step starting forward on your RF, turn facing 3:00 wall

5-6 Pivot step starting forward on your RF, turn facing 9:00 wall

7-8 RF stomp, LF stomp

## Cross step

1-2-3-4 Step RF Right, cross LF back to the right, step RF to the right, cross LF in front of right

5-6-7-8 Step RF Right, cross LF back to the right, step RF to the right, cross LF in front of right

## Cross step

1-2-3-4 Cross RF left forward, step LF left, cross RF back to the left, step LF to the left

5-6-7-8 Cross RF left forward, step LF left, cross RF back to the left, step LF to the left

## Kick, ¼ turn

1-2-3-4 Kick RF, kick LF, kick RF, kick LF

5-6-7-8 step touch LF to RF diagonally, RF to LF, LF to RF, RF to LF while turning ¼ to the left

## Repeat first 48 counts

**RESTART**

## Repeat first 32 counts

**RESTART**

## Repeat first 16 counts

## TAG (32 counts)

### Jump kick, hitch, kick

1-2 Jump, kick LF

3-4 kick RF, kick LF

5 & 6 kick Rf, hitch, jump diagonally forward on RF

7 & 8 kick left leg back, jump back on LF, kick RF out

## Step right, step left

1 & 2	step to the right twice
3 & 4	step to the left twice
5 & 6	step to the right twice
7 & 8	step to the left twice

#### **Jump Kicks**

1-2	kick right, kick left
3-4	kick right kick right
5-6	kick left, ¼ while kicking right
7-8	kick left, kick right

#### **Jump kicks, clap**

1-2	diagonal shuffle right
3-4	diagonal shuffle left
5-6	kick right leg up, clap under, step back RF
7-8	step back RF, ¼ turn to the left while stepping LF forward

**RESTART**

**Repeat first 32 counts**

**RESTART**

**Repeat first 32 counts**

**END**

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