# Nothing Lasts For Ever

Level: High Improver

Choreographer: Ivan Rundgren (SWE) - 9 July 2024

Music: Forever Can Wait - CARSTN & Jake Banfield

Intro: 32 C no tag no restart, just fun!

**Count: 32** 

### SEC. 1 JAZZ BOX, CHARLESTON STEP

- 1 2Cross R over L (1) step back on L (2)
- 3 4 Step R to R side (3) step fwd L (4)
- 5 6Point fwd R (5) step back on R (6)
- 7 8 Point back L (7) step fwd L (8)

## SEC. 2 STEP AND SWIVEL IN, OUT IN, COASTER, PIVOT 1/2 TURN R, STEP, STOMP

- Step fwd R and swivel both heel in (1) swivel both heel out (&) swivel both heel in (2) 1&2
- 3&4 Step back on R (3) step L beside R (&) step fwd R (4)
- 5 6Step fwd L (5) pivot 1/2 turn R (6)
- 7 8 Step fwd L (7) stomp R beside L (8) weight ends on LF

### SEC. 3 HEEL SWITCHES, HEEL TOUCHES X2, SIDE, BEHIND, SIDE ROCK STEP

- 1&2& Point fwd R heel (1) step R beside L (&) point fwd L heel (2) step L beside R (&)
- 3 4Point fwd R heel (3) point fwd R heel (4)
- 5 6Step R to R side (5) step L behind R (6)
- 7 8 Step R to R side (7) recover to L (8)

## SEC. 4 CROSS STEP, 3/4 TURN L, REVERSE ROCKING CHAIR, SHUFFLE 1/2 TURN L SHUFFLE\*\*

- 1 2 Cross R over L (1) 3/4 turn L (2) weight ends on RF facing (9.00)
- 3 4Step back on L (3) recover to R (4)
- 5 6Step fwd L (5) recover to R (6)
- 7 & 8 1/4 turn L stepping L to L side (7) step R beside L (&) 1/4 turn L stepping fwd L (8)

#### \*\* Ending: Dance ends on wall 9 facing (3.00), to finish dance on front wall replace SHUFFLE 1/2 TURN L in "section" 4 (7 & 8) with SHUFFLE 3/4 TURN L (7 & 8) STEP FWD R (&)

Start over again!

Please do not change anything in this step-sheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc. Copyright © 2024 – Ivan Rundgren; All rights reserved.

Don't forget to vote for your favorite dance :) Have fun & happy dancing, hugs from Sweden Contact: ivan.rundgren@gmail.com

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Wall: 4