# **Delta Rose**

**Count: 32** 

#### Level: Beginner

Choreographer: Frank Heelan (IRE) - June 2024

Music: Mother's Daughter - Ashley Monroe

### Sec 1 Walk, walk, shuffle forward, rock recover, shuffle back.

- 1-2 Walk forward right, walk forward left.
- 3&4 Step forward right, left together, forward right.
- 5-6 Rock forward left, recover to right.
- 7&8 Step back left, right together, step back left. (12.00)

### Sec 2 Rock back recover, step ¼ turn, rock recover, shuffle ½ turn.

- 1-2 Rock back right, recover to left.
- 3-4 Step forward right, pivot 1/4 left (Weight to left) ) (900)
- 5-6 Rock forward right, recover to left.
- 7&8 Turn ¼ right stepping right to right, left together, turn ¼ right stepping forward right. (3.00)

## Sec 3 Pivot ¼ cross shuffle, sway right, sway left, behind side cross.

- 1-2 Step forward left, pivot 1/4 right, (Weight to right) (6.00)
- 3&4 Cross left over right, right to right, cross left over right.
- 5-6 Sway right, sway left,
- 7&8 Step right behind, left to left, cross right over left.

### Sec 4 Sway left, sway right, behind side step, rock forward recover, rock back recover

- 1-2 Sway left, sway right.
- 3&4 Step left behind, right to right, step forward left.
- 5-6 Rock forward on right, recover to left.
- 7-8 Rock back on right, recover to left.

### Contact: heelanjohnl@gmail.com





**Wall:** 2