# Bitty, Boppy, Betty

Level: Beginner / Improver

Choreographer: Paul McQueen (AUS) - 15 August 2024 Music: Bitty Boppy Betty - Pink Martini

### **Original Position: Feet Together Weight On Left Foot**

#### **INTRODUCTION - 24 BEATS**

**Count: 32** 

#### STEP FORWARD, HEEL TWISTS, STEP FORWARD, HEEL TWISTS

- 1, 2, Step Forward On R, To The Right Diagonal, Stomp L Next To R,
- 3, 4 Heel Twists: Twist Both Heels Left, Twist Heels Right,
- 5, 6, Step Forward On L, To The Left Diagonal, Stomp R Next To L,
- Heel Twists: Twist Both Heels Right, Twist Heels Left, (12.00) 7.8

#### (For A Harder Version Jump Instead Of Step Forward & Twist With Arm Movements)

#### BACK TOUCH, BACK TOUCH, OUT, IN, HEEL, HOOK

- 1, 2, Step R Back At 450, Touch L Next To R,
- 3, 4, Step L Back At 450, Touch R Next To L,
- 5, 6, Touch R To Right, Touch R Next To L,
- 7,8 Touch R Heel Forward At 450, Hook R Foot Across L Shin, (12.00)

## SIDE SHUFFLE, BACK, ROCK, VINE TO LEFT, ¼ TURN & HITCH

- Side Shuffle To Right Step: R-L-R, 1&2,
- Step L Back, Rock Forward Onto R, 3, 4,
- 5.6. Step L To The Left, Step R Behind L,
- 7,8 Turn 90o Left, Step L Forward, Hitch R Knee, (9.00)

## STEP RIGHT, TOUCH L IN-OUT-IN, STEP LEFT TOUCH R, STEP RIGHT STOMP L,

- Step R To Right Side, Touch L Toe Next To R, 1.2.
- 3, 4, Touch L Toe Out To Left Side, Touch L Toe Next To R
- 5.6. Step L Foot To Left Side, Touch R Toe Next To L, (Alternative: jump to left)
- Step R To Right Side, Stomp L Next To R, Taking Weight On L (Alternative: jump to Right) 7, 8. (9.00)

[32] Repeat The Dance In The New Direction

No Tags, No Restarts **Contact Details - Paul Mcqueen** MOBILE: 0438639150 EMAIL: PaulWilliamMcQueen@gmail.com

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Wall: 4