

Me My Heart And I

COPPERKNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Beginner

Choreographer: Woelfke Woelfie (NL) & Wiya Wambli (NL) - August 2024

Music: Me, My Heart and I - Shirley Ann & The Country Wings



Intro: 16 Counts (2 restarts)

RUMBA-BOX WITH SHUFFLES

- 1 RF step right
- 2 LF step next to RF
- 3&4 Shuffle forward R-L-R
- 5 LF step left
- 6 RF step next to LF
- 7&8 Shuffle back L-R-L

BACK ROCK, SHUFFLE ½ TURN L, BACK ROCK, ¼ TURN R

- 9 RF rock back
- 10 Weight back on LF
- 11 RF step right ¼ turn left
- & LF step next to RF
- 12 RF step back ¼ turn left
- 13 LF rock back
- 14 Weight back on RF
- 15 LF step left ¼ turn right
- 16 RF touch next to LF (9) * Restart in 5th wall

SIDE, TOUCH, SIDE, TOUCH, BACK ROCK, SHUFFLE FWD

- 17 RF step right
- 18 LF touch next to RF
- 19 LF step left
- 20 RF touch next to LV * Restart in 7th wall
- 21 RF rock back
- 22 Weight back on LF
- 23&24 Shuffle forward R-L-R

STEP FWD, ½ PIVOT TURN R, SHUFFLE FWD, ROCKING CHAIR

- 25 LF step forward
- 26 LF&RF ½ turn right (3)
- 27&28 Shuffle forward L-R-L
- 29 RF rock forward
- 30 Weight back on LF
- 31 RF rock back
- 32 Weight back on LF

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