

# Love's Got a Hold on You

**COPPER** KNOB  
STEPSHEETS

Count: 30

Wall: 4

Level: Absolute Beginner

Choreographer: Bill Handley (AUS) - August 2024

Music: Love's Got a Hold On You - Alan Jackson



Intro: 32c - No restarts. No tags.

Start RF.

**[S:1] Toe strut, toe strut, side rock, recover, heel dig, close.**

1,2,3,4,      Touch R toe forward, lower R heel to floor, touch L forward, lower L heel floor.  
5,6,7,8      Rock R to R side, step L in place, touch R heel slightly forward, step R beside L.

**[S:2] Toe strut to side, toe strut to side, side rock R, recover, touch heel forward, step to close.**

1,2,3,4      Touch L toe forward, lower L heel to floor, touch R toe forward, lower R heel to floor,  
5,6,7,8      Rock L to L side, step R in place, touch L heel slightly forward, step L beside R.

**[S:3] 1/8 turn R and heel dig, close, 1/8 turn R and heel dig, close, heel dig, hook, heel dig, flick.**

1,2,3,4,      Make a 1/8 turn R and touch R heel slightly forward, step R beside L, make a 1/8 turn R and  
touch L heel slightly forward, step L beside R,  
5,6,7,8.      Touch R heel slightly forward, hook R in front of L, touch R heel slightly forward, R flick.  
(3:00).

**[S:4] Coaster back, scoot, forward/ scoot.**

1,2,3,4      Step back on R, step L beside R, step forward on R, scoot forward on L.  
5,6.      Step forward on R, scoot forward on L.

**Repeat facing 3 o'clock.**

Link for instructions for step scoot- [https://youtu.be/CH83MV\\_UWOo?si=kUbKOr1SnJKF6QKk](https://youtu.be/CH83MV_UWOo?si=kUbKOr1SnJKF6QKk)

Please try exchanging heel digs for forward points or a combination there of.

Last Update: 28 May 2025