# The Tulsa Shuffle

**Count:** 48

Level: Improver

Choreographer: Mark Paulino (USA) & Stephanie Dawn Tippie (USA) - September 2024 Music: The Tulsa Shuffle - The Tractors

**Wall:** 2

Dance starts ~00:41, right after he sings "2,3,4"

## [1-8] SHUFFLE FORWARD, FORWARD ROCK RECOVER, SHUFFLE BACK, BACK ROCK, RECOVER

- 1&2 R steps forward, L steps besides R, R steps forward
- 34 L rocks forward, recover back onto R
- 5&6 L steps back, R steps besides L, L steps back
- 78 R rocks back, recover forward onto L

### [9-16] ROCKING CHAIR, 1/8 TURN HIP SWAY RECOVER X2

- 12 R rocks forward, recover back onto L
- 34 R rocks back, recover forward onto L
- 56 1/8 turn left as you hip sway (or side rock) on R, recover on L
- 78 1/8 turn left as you hip sway (or side rock) on R, recover on L

### [17-24] LINDY RIGHT, LINDY LEFT

- 1&2 R side step, L steps besides R, R side step
- 34 L cross rock behind R, recover back onto R
- 5&6 L side step, R steps besides L, L side step
- 78 R cross rock behind L, recover back onto L

# [25-32] SHUFFLE BOX STEP ENDING WITH BACK CROSS ROCK RECOVER

- R side step, L steps besides R, R side step, 1/4 left 1&2&
- 3&4& L side step, R steps besides L, L side step, 1/4 turn left
- 5&6 R side step, L steps besides R, R side step
- 78 L cross rock behind R, recover back onto R

# [33-40] 1/4 TURN, 1/4 TURN, CROSS SIDE SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE CROSS

- 12 1/4 turn right with L stepping back, 1/4 turn right with R side step
- 3&4 L cross step over R, R side set, L cross step over R
- 56 R side rock, recover onto L
- 7&8 R cross step behind L, L side step, R cross step over L

#### [41-48] MODIFIED MONTEREY 1/4 TURN, FORWARD KICK, COASTER STEP, HIP BUMP FORWARD, **HIP BUMP BACK**

- 12 L side point, 1/4 turn left with L stepping besides R
- 34 R side point, R kick forward
- 5&6 R step back, L steps besides R, R steps forward (Keep weight in between front/back foot)
- 78 Rock hips forward, rock hips back

#### Ending: 8th wall, end the dance on the 32nd count facing the 12:00 (front) wall while tipping your hat down as you cross toe touch L behind R

Last Update: 5 Sep 2024



