

Holy Spirit

Count: 32

Wall: 2

Level: Beginner

Choreographer: Angéline Fourmage (FR) & Maryse Fourmage (FR) - 23 September 2024

Music: HOLY SPIRIT - KAMAUU



Start: 16 count - 9s. approximately

No Tag – No Restart

[1-8] Back, Together, Triple-Step, Back, Together, Triple-Step

- 1-2 RF back on R diagonal, LF next to RF
- 3&4 Triple-Step : RF back on R diagonal, LF next to RF, RF back on R diagonal
- 5-6 LF back on L diagonal, RF next to LF
- 7&8 Triple-Step : LF back on L diagonal, RF next to LF, LF back on L diagonal

[9-16] Point Back, Step FW, Point FW, Together, V-Step, Side, Drag, Touch

- 1-2 Point RF Back, RF FW
- 3-4 Point LF FW, LF next to RF
- &5&6 RF FW on R diagonal, LF FW on L diagonal, RF Back, LF Back
- 7-8 RF to the R side with L Drag, Touch LF next to RF

[17-24] Cross Rock, Chassé R, Cross Rock, Chassé L

- 1-2 Cross LF over RF, Recover to RF
- 3&4 Chassé L : LF to the L side, RF next to LF, LF to the L side
- 5-6 Cross RF over LF, Recover to LF
- 7&8 Chassé R : RF to the R side, LF next to RF, RF to the R side (Finish Weight is on RF)

[25-32] Step Turn ½ R, Runx3, Kick FWx4

- 1-2 LF FW, ½ R (Weight is on RF)
- 3&4 Run : L, R, L
- 5&6 Kick RF FW, RF Back, Kick LF FW (Option: Kick RF FW, RF next to LF, Kick LF FW)
- &7&8& LF Back, Kick RF FW, RF FW, Kick LF FW, LF FW (Weight is on LF) (Option: LF next to RF, Kick RF FW, RF next to LF, Kick LF FW, LF next to RF)

Final: Walk in circle ½ R (Finish 12:00)

Smile et enjoy the dance

Contact: maellynedance@gmail.com