Enjoy Today



Count: 32 Wall: 4 Level: Beginner

Choreographer: Big Andrea Gragnaniello (IT) - October 2024

Music: The Morning After - Nathan Carter



Start dancing on lyrics

SIDE TOUCHES RIGHT, ROCK BACK, STOMP, HOLD

1-2	Touch right toe out to right side, touch right toe next to left foot
3-4	Touch right toe out to right side, touch right toe next to left foot

5-6 Right rock back (jumping on right), recover on the left

7-8 Stomp right next to left (weight on right), hold

SIDE TOUCHES RIGHT, ROCK BACK, STOMP, HOLD

1-2	Touch left toe out to left side, touch left toe next to right foot
3-4	Touch left toe out to left side, touch left toe next to right foot
5-6	Left rock back (jumping on left), recover on right
7-8	Stomp left next to right (weight on left), hold

*2x HEEL STRUTS FORWARD, ROCKING CHAIR

1-2	Step right heel forward, drop right toe to floor
3-4	Step left heel forward, drop left toe to floor
5-6	Rock right forward, recover on left
7-8	Rock left forward, recover on right

1/4 RIGHT MONTEREY TURN, JAZZ BOX

1-2	? T	ouch right side,	turn ¼ right and	step right together
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3-4 Touch left side, step left together5-6 Cross right over, step left back

7-8 Step right side, stomp left next to right