

Bala - Bala

Count: 32

Wall: 4

Level: Beginner

Choreographer: Theresia Ita (INA), Susiwi (INA), Suciati (INA), Ninit Lakshmi (INA) & Febru Mahardiko (INA) - January 2025

Music: Bala-Bala - Deredia



Intro : 16 counts

I. FLICK SIDE, JAZZ BOX

- 1-2 Bend RF to R, step RF beside LF.
- 3-4 Bend LF to L, step LF beside RF.
- 5-8 Cross RF over LF, step LF back, step RF to R, step LF forward.

II. STEP SIDE

- 1-2 Step RF to R while move shoulder up and down.
- 3-4 Step LF beside RF while move shoulder up and down.
- 5-6 Repeat 1-2.
- 7-8 Repeat 3-4.

III. TURN 1/8, TOE STRUD, KICK, BACK, TURN 3/8

- 1-2 Turn 1/8 to R touch R toe, step R heel down.
- 3-4 Touch L toe, step L heel down.
- 5-6 Kick RF forward, step RF back.
- 7-8 Turn 1/8 to L step LF side, turn 1/4 to L step RF forward.

IV. TWIST, SIDE, DRAG

- 1-4 Swivel heel and toe to L
- 5-8 Big step RF to R (5), drag LF to RF (move slowly 6-8).

TAG after wall 3

- 1-2 Kick RF to R, step close together beside LF (while shoulder up and down)
- 3-4 Kick LF to L, step close together beside RF (while shoulder up and down)

HAPPY DANCING!!! ☺
