Rock and Roll Rocking Chair

Level: Beginner

Count: 32

Choreographer: Sue Korek (USA) - 12 January 2025

Music: Any Way You Want It - Journey

or: (I Can't Get No) Satisfaction - The Rolling Stones

Alternate Music:

(I Can't Get No) Satisfaction (The Rolling Stones-6 June 1965) Intro: 32 counts, bpm=136

No tags, no restarts

Intro: after 9 seconds; on lyrics "She loves to laugh..."

Section 1 (FORWARD RIGHT RUMBA BOX WITH HOLDS)

- 1-2 Step R to right side, step L beside R
- 3-4 Step R forward, hold
- Step L to left side, step R beside L 5-6
- 7-8 Step L back, hold

Section 2 (LINDY RIGHT, LINDY LEFT)

- 1&2 Step R right side, shuffle L beside R, step R to right side
- 3-4 Rock L behind R, recover R
- Step L left side, shuffle R beside L, step L to left side 5&6
- 7-8 Rock R behind L, recover L

Section 3 (SHUFFLE FORWARD, ROCK, SHUFFLE BACK, ROCK)

- 1&2 Step R forward, step L beside R, step R forward
- 3-4 Rock L cross R, recover R
- 5&6 Step L back, step R beside L, step L back
- 7-8 Rock R behind L, recover L

Section 4 (ROCKING CHAIR, 1/4 TURN LEFT, ROCKING CHAIR)

- Rock R forward, recover L 1-2
- 3-4 Rock R back, 1/4 turn left step L
- 5-6 Rock R forward, recover L
- 7-8 Rock R back, recover L

Enjoy this Beginner dance with left turning rocking chair!

Contact: suekorek@gmail.com

Last Update: 10 Apr 2025





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