About Time

Choreo	Music: About Da	Wall: 2 Dance (USA) - Februa amn Time - Lizzo Sabrina Carpenter	Level: Intermediate ary 2025		
Part 1					
1234	Fist point index fingers on both hands slowly lifting arms to the sky with feet planted swaying left and right steps				
5	Left 90 degree left hand on belt buckle right hand lasso				
6	Left 90 degree left hand on belt buckle right hand lasso				
7&	L heel R hand wipe forward, L back toe				
8	R forward R hand wipe back				
Part 2					
1	L forward				
2	R forward				
3	L forward				
4	Right 90 degrees pivot on L				
5	Leaning R hip shake				
6	Leaning R hip shake				
7	Leaning L				
8	Leaning L	hip shake			
Part 3					
1&	R heel, R	home			
2&	L heel, L h	L heel, L home			
3	R heel				
4	Left 90 degrees pivot on R				
5	L stomp				
6	R stomp				
78	Both hands clap lower half circle from left to right				
Part 4 (C	optional for four (4) part verses or chorus	ses)		
1& `	R heel, R	•	-		
2&	L heel, L h	iome			
3	R heel				
4	Left 90 degrees pivot on R				
5	L stomp				
6	R stomp				
78	Both hand	Both hands clap lower half circle from left to righ			
Last Upd	late - 23 Mar 2025	5			

