PTL For Southern Women

Level: Beginner

Choreographer: Lidia Landon Michael (USA) - February 2025

Music: Praise The Lord (feat. Thomas Rhett) - BRELAND

***3 OBVIOUS RESTARTS AND NO TAGS!

Intro 16 counts

SECTION 1: V STEP, HEEL SWITCH 3X, CLAP 2X

1-2 Step R to R front diagonal, Step L to L front diagonal

(Optional: snap hands on "&" beats)

Count: 32

- 3-4 Step R back to center, Step L next to R (Optional: snap hands on "&" beats)
- 5&6& R heel touch front, step R next to L, L heel touch front, step L next to R
- 7&8 R heel touch front, clap twice(&8)

SECTION 2: V STEP ¼ R TURN, HEEL SWITCH 3X, CLAP 2X

- 1-2 Step R to R front diagonal, Step L to L front diagonal
- (Optional: snap hands on "&" beats)
- 3-4 Step R back with ¼ R turn, Step L next to R (Optional: snap hands on "&" beats)
- 5&6& R heel touch front, step R next to L, L heel touch front, step L next to R
- 7&8 R heel touch front, clap twice(&8)

SECTION 3: SIDE SHUFFLES R & L, JAZZ BOX WITH ¼ R TURN

- 1&2 Step R side, Step L next to R, Step R side
- 3&4 Step L side, Step R next to L, Step L side
- 5-6 Step R across L, Step back L
- 7-8 Step R forward with ¼ R turn, Step L across R

SECTION 4: MODIFIED CHARLESTON, 4 WALKS IN ¾ R CIRCLE

- 1-2 Step R front, Kick L front I
- 3-4 Step R back, Tap R toe back
- 5-6 Walk R, L starting a ³/₄ circle to R
- 7-8 Walk r, L completing the ³/₄ circle

EASY RESTARTS:

WALL 2 (FACING 3:00) AFTER 4 COUNTS WALL 4 (FACING 6:00) & WALL 8 (FACING 3:00) AFTER 8 COUNTS





Wall: 4

all: 4