Your Man Dropped a Bomb on Me



Count: 32 Wall: 4 Level: Easy Beginner

Choreographer: Sue Korek (USA) - 15 February 2025

Music: Not Your Man - Teddy Swims

or: You Dropped A Bomb On Me - The Gap Band



Alternate Music:

You Dropped a Bomb on Me (The Gap Band—1 January 1977) Intro: 32 counts, bpm=126

Intro: 32 counts

Section 1 (LINDY RIGHT, LEFT ROCKING CHAIR)

1&2 Step R to right side, step L beside R, step R to right side

3-4 Rock L behind R, recover R
5-6 Rock L forward, recover R
7-8 Rock L back, recover R

Section 2 (LINDY LEFT, RIGHT ROCKING CHAIR)

1&2 Step L to left side, step R beside L, step L to left side

3-4 Rock R behind L, recover L
5-6 Rock R forward, recover L
7-8 Rock R back, recover L

Section 3 (TWO TOE STRUTS, TWO CROSS POINTS)

Touch R toe forward, drop R heel
Touch L toe forward, drop L heel
Cross R over L, point L out
Cross L over R, point R out

Section 4 (JAZZ BOX 1/4 TURN RIGHT, V-STEP)

1-2 Cross R over L, step L back

3-4 1/4 turn right step R, step L beside R

5-6 Step R diagonally right, step L diagonally left

7-8 Step R right back, step L back

Enjoy this fun Easy Beginner dance!

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