

# Cupid's a Cowgirl

Count: 48

Wall: 4

Level: Phrased Improver

Choreographer: Sylvie CARNOY (FR) - 21 February 2025

Music: Cupid's A Cowgirl - Alexandra Kay



\*1 restart – 1 bridge – 1 final

A – B – A – A (16 counts) restart A – B – A (16 counts) – B – B – A – A (28 counts) final

start 2 x 8 counts

## PART A (32 counts)

### SECTION 1 - STEP – LOCK, STEP – LOCK – STEP (DIAGONAL) x 2

- 1 – 2 STEP - LOCK: towards the front diagonal right: step forward RF, LOCK: cross LF behind RF  
3 & 4 SIDE TRIPLE STEP: towards the front diagonal right: step forward RF, cross left behind RF, step forward RF  
5 – 6 STEP - LOCK: towards the front diagonal left: step forward LF, LOCK: cross RF behind LF  
7 & 8 SIDE TRIPLE STEP: towards the front diagonal left: step forward LF, cross RF behind LF, step forward LF

Option for the style: with your hands make a circular movement back and forth on beats 1-2-5-6

### SECTION 2 - CROSS ROCK STEP, ¼ TURN - TRIPLE FORWARD, ¼ TURN - SIDE ROCK STEP, BEHIND – SIDE - CROSS

- 1 – 2 CROSS ROCK STEP: cross RF in front of LF, recover body weight on LF  
3 & 4 ¼ TURN - TRIPLE STEP FORWARD: pivot ¼ turn to the right, step forward RF, LF next to RF, step forward RF 3:00  
5 – 6 ¼ TURN - SIDE TRIPLE STEP: pivot ¼ turn towards the right and place LF on the left, recover body weight on RF 6:00  
7 & 8 BEHIND – SIDE - CROSS: cross LF behind RF, RF on the right, cross LF in front of RF \* restart

\*\*bridge

### SECTION 3 - SIDE – TOGETHER, TRIPLE STEP FORWARD, HEEL GRIND ¼ TURN, COASTER HEEL

- 1 – 2 SIDE: RF to the right, TOGETHER: LF next to RF  
3 & 4 TRIPLE STEP FORWARD: step forward RF, LF next to RF, step forward RF  
5 – 6 HEEL GRIND ¼ TURN: place the left heel in front, resting on the heel and pivot the left toe left from right to left by pivoting ¼ turn to the left, RF on the right 3:00  
7 & 8 COASTER HEEL: step back LF, step back RF, place left heel in front

### SECTION 4 - TOGETHER, STEP (x 2), TRIPLE STEP FORWARD, STEP ½ TURN, LARGE STEP FORWARD, STOMP-UP

- &1 – 2 TOGETHER: LF next to RF, STEP x 2: step forward RF, step forward LF  
3 & 4 TRIPLE STEP FORWARD: step forward RF, LF next to RF, step forward RF  
5 – 6 STEP ½ TURN: step forward LF, pivot ½ turn on the right \*\* final 9:00  
7 – 8 LARGE STEP FORWARD: big step from the LF forward, STOMP-UP: strike the ground with RF near the LF while keeping the weight of the body on the LF

## PARTIE B (16 temps)

### SECTION 1 - RIGHT STOMP, HOLD (x3), LEFT STOMP, HOLD (x3)

- 1 – 4 RIGHT STOMP: hit the ground with RF to right, HOLD: pause x3

Option for the style: spread the arms on the stomp, then on the pauses hold the edge of the hat hand right, nod to right

- 5 – 8 LEFT STOMP: hit the ground with LF to left, HOLD: pause x3

Option for the style: spread the arms on the stomp, then on the pauses hold the edge of the hat hand left, nod to left

