Unchained Melody

Count: 32

Level: Intermediate

Choreographer: Shanthie De Mel (AUS) - March 2025

Music: Unchained Melody - The Righteous Brothers : (Amazon)

- No Intro. The music starts immediately. No Tag. No Restart. 64 BPM.
- (1-8) FORWARD. HOLD. TOGETHER. TRIPLE. STEP. FORWARD. HOLD. TOGETHER. TRIPLE.
- 1, 2, & Step R forward on the diagonal. Hold. Drag R & step together.
- 3&4& Triple in place L-R-L. Step R back.
- 5, 6, & Step L forward on the diagonal. Hold. Drag L & step together.
- 7&8 Triple in place R-L-R. (12:00)

(9-16) ROCK. RECOVER. TURNING TRIPLE. ROCK. RECOVER. TURN ½. SHUFFLE FORWARD.

- 1, 2 Rock L diagonally forward. Recover R.
- 3&4 Turning fully left triple in place L-R-L. (12:00)
- 5, 6 Rock R diagonally forward. Recover L.
- 7&8 Turning 1/2 right shuffle forward R-L-R. (6:00)

(17-24) PIVOT. SHUFFLE FORWARD. 1/4 TURN LEFT. LOCK BACK.

- 1, 2, & Step L forward. Turn ¹/₂ right weight on L. Step back on R. (12:00)
- 3&4 Shuffle forward L-R-L.
- 5, 6 Step R forward. Turning 1/4 left step L back. (3:00)
- &7&8 Lock back R-L-R-L. (3:00)

(25-32) SWEEP. SWEEP. TRIPLE. FORWARD LOCK. TURN ¼ LEFT. FORWARD. SIDE.

- 1, 2 Sweep R out & back. Sweep L out & back.
- 3&4 Triple in place R-L-R.
- 5&6 Lock forward L-R-L.
- 7, 8 Turning1/4 left step R to right side. Step L to left side. (12:00)

Begin again. Feel the music!

Last Update - 3 May 2025





Wall: 1