

# Love and Desire

Count: 84

Wall: 0

Level: Phrased Intermediate

Choreographer: Willie Brown (SCO) & Alexis Strong (UK) - February 2025

Music: Don't Leave Me This Way - Cascada



Tag 8 counts

Intro; On vocals / 32 counts from 'Oh baby'

SEQUENCE: A, A, TAG, B - A, A, TAG, B, SHORT B - A, BIG TAG, B, SHORT B

PART A: 28c

SECTION 1 – SIDE, HOLD, BEHIND, SIDE, & POINT, CROSS, POINT, CROSS

- 1,2 Step Right to Right side, hold 1 count
- 3,4 Cross Left behind Right, step Right to Right side
- &5,6 Step Left beside Right, point Right to Right side, cross Right over Left
- 7,8 Point Left to Left side, cross Left over Right
- 9,10 Rock Right to Right side, recover weight on Left
- 11,12 Cross Right behind Left, turn ¼ Left and step Right to Right side [9]

SECTION 2 – SIDE, DRAG, COASTER STEP, FORWARD, TOUCH, SHUFFLE BACK

- 1,2 Big step to Right on Right, drag Left towards Right
- 3&4 Step back on Left, close Right beside Left, step forward on Left
- 5,6 Step forward on Right, touch Left toe slightly behind Right
- 7&8 Step back on Left, close Right beside Left, step back on Left

SECTION 3 – BACK, TOUCH, FORWARD, SWEEP, JAZZ BOX W/CROSS

- 1,2 Step back on Right, touch Left beside Right
- 3,4 Step forward on Left, sweep Right out and forward
- 5,6 Cross Right over Left, step back on Left
- 7,8 Step Right to Right side, cross Left over Right

TAG: 8c

ROCK, RECOVER, BEHIND, SIDE, BOUNCE ½ TURN

- 1,2 Rock Right to Right side, recover weight on Left
- 3,4 Cross Right behind Left, step Left to Left side
- 5 Step forward on Right
- 6,7,8 Bounce both heels 3 times whilst making ½ turn Left taking weight on Left

**\*\* The first 2 times you dance the tag facing 6 o'clock. The 3rd time the tag happens – the BIG tag - you will be facing 9 o'clock. Dance to count 4 then you have 12 counts to RUN! Feel free to move around and find a new spot on the dance floor. Just make sure you return to 12 o'clock for Part B**

PART B (begin facing 12 o'clock) 56c

SECTION 1 – SIDE, TOUCH x2, HIP BUMPS x3, FLICK

- 1,2 Step Right to Right side, touch Left toe behind Right
- 3,4 Step Left to Left side, touch Right toe behind Left
- 5,6,7 Step Right to Right side and bump hips to Right x3
- 8 Take weight on Left whilst flicking Right foot behind Left leg

Optional arms;

- 1 Both arms up to Left diagonal, 2 click fingers down to Right side
- 3 Both arms up to Right diagonal, 4 click fingers down to Left side
- 5,6,7 Point Right index finger to Left side and gradually bring to Right side whilst bumping hips
- 8 Throw Right hand in the air whilst flicking Right foot

## **SECTION 2 – VINE W/TOUCH, SIDE, BEHIND-SIDE-CROSS, SIDE**

- 1,2 Step Right to Right side, cross Left behind Right  
3,4 Step Right to Right side, touch Left toe beside Right  
5,6 Step Left to Left side, cross Right behind Left  
&7,8 Step Left to Left side, cross Right over Left, step Left to Left side

## **SECTION 3 – SAILOR, BEHIND, UNWIND $\frac{3}{4}$ , STEP KICK, BACK, TOUCH**

- 1&2 Cross Right behind Left, step Left to Left side, step Right to Right side  
3,4 Touch Left toe behind Right, turn  $\frac{3}{4}$  Left taking weight on Left [3]  
5,6 Step forward on Right. kick Left foot forward  
7,8 Step back on Left, touch Right toe beside Left

## **SECTION 4 – SHUFFLE, SKATE, SKATE, JAZZ BOX $\frac{1}{4}$ TURN**

- 1&2 To Right diagonal step forward on Right, close Left beside Right, step forward on Right  
3,4 Skate/swivel Left to Left diagonal, skate/swivel Right to Right diagonal  
5,6 Cross Left over Right, step back on Right  
7,8 Turn  $\frac{1}{4}$  Left and step Left to Left side, touch Right toe beside Left [12]

**\* optional arms – on shuffle and skates roll fists around each other at head height**

## **SECTION 5 – 'V' STEP, $\frac{1}{4}$ MONTEREY TURN**

- 1,2 Step Right out to Right diagonal, step Left out to Left diagonal  
3,4 Step Right slightly back and return to centre, close Left beside Right  
5,6 Point Right toe to Right side, turn  $\frac{1}{4}$  Right and close Right beside Left [3]  
7,8 Point Left toe to Left side, touch Left beside Right

**\*\* Restart point with step change. On 'short' B's change counts 5-8 - omit the  $\frac{1}{4}$  turn and finish with weight on Left;**

- 5,6 Point Right toe to Right side, close Right beside Left  
7,8 Point Left toe to Left side, close Left beside Right

**\* optional arms – on the v step shake your hands beside your head or wave your arms in the air – 'lose control'**

## **SECTION 6 – SHUFFLE, SKATE, SKATE, JAZZ BOX $\frac{1}{4}$ TURN**

- 1&2 To Left diagonal step forward on Left, close Right beside Left, step forward on Left  
3,4 Skate/swivel Right to Right diagonal, skate/swivel Left to Left diagonal  
5,6 Close Right over Left, step back on Left  
7,8 Turn  $\frac{1}{4}$  Right and step Right to Right side, cross Left over Right [12]

**\* optional arms – on shuffle and skates roll fists around each other at head height**

## **SECTION 7 – SIDE, HOLD, BALL-STEP, TOUCH, ROLLING 1 & $\frac{1}{2}$ TURN, SCUFF**

- 1,2 Step Right to Right side, hold 1 count  
&3,4 Close Left beside Right, step Right to Right side, touch Left toe beside Right  
5,6 Turn  $\frac{1}{4}$  Left and step forward on Left, turn  $\frac{1}{2}$  Left and step back on Right  
7,8 Turn  $\frac{1}{2}$  Left and step forward on Left, turn  $\frac{1}{4}$  Left and scuff Right forward and out [12]

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