You Ain't Lonely Yet



Count: 32 Wall: 2 Level: Beginner

Choreographer: Thomas Haynes (USA) - March 2025

Music: You Ain't Lonely Yet - Big House

or: Sunspot Baby - Bob Seger



Step forward, side touch, forward touch, side touch, step back, side touch, step back side touch.

1-2- Step forward on right cross in front of left, touch left toes left.

3-4- Touch left toes to front, touch left toes left.

5-6- Step back on left behind right, touch right toes right.
7-8- Step back on right behind left, touch left toes left.

Vine right, 1/4 turn right, touch right next to left, side steps

1-2- Cross left behind right, step out on right turning 1/4 turn right.

3-4- Step forward on left,touch right next to left.
5-6- Step right to right side, touch left next to right.
7-8- Step left to left side, touch right next to left.

Lindi shuffle right and left

1&2- Moving to the right step right,left,right.
3-4- Rock left behind right,recover on right.
5&6- Moving to the left step left,right,left.
7-8- rock right behind left, recover on left.

Pivot turns, steps in place, shoulder bumps

1-2- Step right forward, pivot 1/2 turn left.3-4- Step right forward pivot 1/4 turn left.

5-6- Step forward right, left.

7&8 bump shoulders up and down right,left,right.

Begin again......

*8 COUNT TAG FOR SUNSPOT BABY AFTER WALL 2

1-2- Bump hips right twice.
3-4- Bump hips left twice.
5-6- Bump hips right, left.
7-8- Bump hips right, left.