

# The Ones Who Love Me And The Ones I Love (爱我的人和我爱的人)

**COPPER** KNOB  
STEPSHEETS

Count: 64

Wall: 2

Level: Phrased Improver

Choreographer: Heru Tian (INA) - March 2025

Music: Ai Wo De Ren He Wo Ai De Ren (爱我的人和我爱的人) (摇滚版) - Half Ton Brothers (半吨兄弟)



**SOD : AABB TAG1 A TAG2 AABB TAG1 BB END**

## **PART A: 32C**

### **Section A1 : Walks Fwd, Point, Walks Back, Point**

1234 Walk Fwd RF,LF,RF (1,2,3), Point LF to L Side (4)

5678 Walk Bwd LF,RF,LF (5,6,7), Point RF to R Side (8)

### **Section A2 : 3/4R Walks Around, V Step**

1234 1/4R, Walk RF Fwd (1), 1/4R, Walk LF Fwd (2), 1/4R, Walk RF Fwd (3), Step LF next to RF (4) (9.00)

5678 Step RF Fwd to R Diagonal (5), Step LF Fwd to L Diagonal (6), Step RF Back to center (7), Step LF next to RF (8)

### **Section A3 : Point Switches, Fwd Press Switches (R&L)**

1234 Point RF to R Side (1), Close RF Next to LF (2), Point LF to L Side (3), Close LF Next to RF (4)

5678 Press RF Fwd (5), Close RF Next to LF (6), Press LF Fwd (7), Close LF Next to RF (8)

### **Section A4 : Cross Rock, 1/4R Shuffle, 1/2R Shuffle, Rock Back**

12 Rock RF cross over LF (1), Recover on LF (2)

3&4 1/4R, Step RF Fwd (3), Step LF next to RF (&), Step RF Fwd (4) (12 00)

5&6 1/2R, Step LF Back (5), Step RF Next to LF (&), Step LF Back (6)

78 Rock RF Back (7), Recover on LF (8)

## **PART B: 32C**

### **Section B1 : Side Rock, Cross Shuffle, 1/4R Back, Side, Cross Shuffle**

12 Rock RF to R Side (1), Recover on LF (2)

3&4 Cross RF over LF (3), Step LF to L Side (&), Cross RF over LF (4)

56 1/4R, Step LF Back (5), Step RF to R Side (6) (3.00)

7&8 Cross LF over RF (7), Step RF to R Side (&), Cross LF over RF (8)

### **Section B2 : Side Rock, Triple Steps in place (R&L)**

12 Rock RF to R Side (1), Recover on LF (2)

3&4 Step RF next to LF (3), Step LF in place (&), Step RF in place (4)

56 Rock LF to L Side (5), Recover on RF (6)

7&8 Step LF next to RF (7), Step RF in place (&), Step LF in place (8)

### **Section B3 : Rock Fwd, Back Shuffle, Rock Back, Fwd Shuffle**

12 Rock RF Fwd (1), Recover on LF (2)

3&4 Step RF Back (3), Step LF Next to RF (&), Step RF Back (4)

56 Rock LF Back (5), Recover on RF (6)

7&8 Step LF Fwd (7), Step RF next to LF (&), Step LF Fwd (8)

### **Section B4 : Pivot 1/2L, Pivot 1/4L, Rock Fwd/Recover with Body Roll (X2)**

1234            Step RF Fwd (1), Pivot 1/2L, Shifting weight to LF (2), Step RF Fwd (3), Pivot 1/4L, Shifting weight to LF (4) (6.00)

5678            Rock RF Fwd, Start Body Roll (5), Recover on LF, Finish Body Roll (6), Repeat 5-6 (7,8)

**TAG1 8C : Jazz Box (X2)**

**TAG2 4C : Jazz Box**

**Happy Dancing**

**Best Regards,**

**Herutian79@gmail.com**

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