

Bad Dream

Count: 32

Wall: 4

Level: Improver

Choreographer: Corinne DELY (FR) - April 2025

Music: Bad Dreams - Teddy Swims



INTRO / 32 counts

[1-8] WALK X2 STEP, FORWARD R , TWIST HEELS ,TOGETHER, COASTER STEP, STEP TURN ¼

- 1-2 Step forward RF , Step forward LF
- 3&4 Step forward RF , Turn heels out , Return center
- 5&6 Step back RF , Together, Step forward RF
- 7-8 Step forward LF , ¼ turn RF , Weight on RF 3 :00

[9-16] TRIPLE CROSS ,STEP SIDE R , POINT L BESIDE R,STEP SIDE L STEP FORWARD R, RECOVER, SWEEP BACK, STEP BACK R

- 1&2 Cross LF over RF , RF to R side , Cross LF over RF
- 3-4 RF to R side , Point LR beside RF
- 5-6 LF to L side , Step forward RF
- 7-8 Recover on LF & sweep RF , Step back RF 3 :00

[17-24] STEP BACK X2, COASTER STEP L, MONTEREY TURN ¼ , PRESS RECOVER

- 1-2 Step back LF , Step back RF
- 3&4 Step back LF , Together ,Step forward LF
- 5-6 Point RF to R side ,¼ turn R , Together 6 :00
- 7-8 Press L forward , Together

[25-32] TRIPLE STEP ½ R,1/4 TURN L STEP SIDE L, TOUCH ,TRIPLE STEP FORWARD L STEP SIDE R TOGETHER

- 1&2 ¼ turn L , RF to R side , LF next to RF,1/4 turn L , Step back RF 12 :00
- 3-4 1/4 turn L , LF to L side , RF next to LF 9 :00
- 5&6 Step forward LF , RF next to LF, Step forward LF
- 7-8 RF to R side , LF next to RF