# Cookin' Time

**Count:** 32

Level: Improver

Choreographer: Laura Nanclares (ES) - April 2025

Music: Chittlin' Cookin' Time In Cheatham County - Sierra Ferrell



#### Intro: 32 counts.

## [1-8] R-L WALK FW, ROCK STEP FW, R-L SWEEP BACK, ROCK STEP BACK

Wall: 4

- Step forward RF, Step forward LF 1-2
- 3-4 Rock forward RF, recover weight on LF
- 5-6 Step back RF, Step back LF with sweep from front to back
- 7-8 Rock back RF, recover weight on LF (12:00)

## [9-16] GRAPEVINE CROSS, 1/8 TURN L STEP R, TOUCH, 1/8 TURN L STEP L, HICHT

- Step RF to right, cross LF behind RF 1-2
- Step RF to right, cross LF over Rf 3-4
- 5-6 Step RF to right with 1/8 turn to left
- Step LF to left with 1/8 turn to left, Hicht up R knee (09:00) 7-8

### [17-24] SLOW SAMBA STEP, SLOW CROSS SHUFFLE, POINT R, 1/4 TURN R STEP R TOGETHER

- Cross RF over LF, Step LF to left, recover weight on RF 1-2-3
- 4-5-6 Cross LF over RF, Step RF to right, Cross LF over RF
- 7-8 Point RF to right, Step RF next to LF with <sup>1</sup>/<sub>4</sub> turn to right (Monterrey turn) (12:00)

## [25-32] POINT L, HOLD, TOGETHER, POINT R, HOLD, JAZZ BOX 1/4 TURN

- 1-2 Point LF to left, Hold
- &3-4 Step LF next to RF(&), Point RF to right, Hold
- 5-6 Cross RF over LF, Step back LF
- 7-8 Step RF to right with 1/4 turn to right, Step forward LF (03:00)