And Slide



Count: 32 Wall: 4 Level: Improver

Choreographer: Daniel Exton (UK) - April 2023

Music: Slip - Stooshe

Intro: 20 Counts. Start at approx 9 secs.

SEC 1 CHASSE, ROCK, RECOVER, HEEL, TOE, HEEL, TOE

1&2 Right foot to Right side, Left next to Right, Right to Right side

3-4 Rock Left foot behind Right, Recover onto Right

Touch Left heel out, Touch Left toe outTouch Left heel out, Touch Left toe out

SEC 2 CHASSE, ROCK, RECOVER, MONTEREY 1/4 TURN

1&2 Left to Left side, Right next to Left, Left to Left side

3-4 Rock Right behind Left, Recover onto Left

5-6 Right touch to Right side, ¼ turn Right whilst returning Right foot (3:00)

7-8 Left foot touch to Left side, Return Left foot (Weight on L)

Restart Here on Walls 3 and 8

SEC 3 SLIDE, TOUCH, SLIDE, TOGETHER, TWIST X3, CLAP

Slide forward diagonally on Right foot, Touch Left next to Right
 Slide forward diagonally on Left foot, Right foot next to Left

5-7 Twist to the Right (heels, toes, heels)

8 Clap

SEC 4 KICK ACROSS, RETURN, KICK ACROSS, RETURN, SLOW SAILOR, TOUCH

1-2 Kick Left foot across Right, Return the Left foot
3-4 Kick Right foot across Left, Return The Right foot
5-7 Left behind Right, Right foot out, Left foot out

8 Touch Right foot next to Left

Tag 1 At end of wall 5

MONTEREY 1/4 TURNS X2

1-2	Right touch to Right side, ¼ turn Right whilst returning Right foot
3-4	Left foot touch to Left side, Left next to right (Weight on L

5-6 Right touch to Right side, ¼ turn Right whilst returning Right foot

7-8 Left foot touch to Left side, Left next to right

Tag 2 At end of Wall 10

MONTEREY 1/4 TURN ON YOUR RIGHT FOOT FOR 4 COUNTS

5-6 Right touch to Right side, ¼ turn Right whilst returning Right foot

7-8 Left foot touch to Left side, Left next to right