

# Oregon Born

Count: 0

Wall: 0

Level:

Choreographer: Lindsey Rodrigues & Debra Rachelle - April 2025

Music: Oregon Born - Outlaw Shine Country Band



## Heels

- 1,2,3,4 – touch Right heel forward then bring back together, touch left heel forward then bring back together
- 5,6,7,8 – touch Right heel forward then bring back together, touch left heel forward then bring back together

## Diagonal steps forward

- 1,2 – step right foot forward diagonally, bring left up to right
- 3,4 – step right foot forward diagonally, bring left up to right
- 5,6 – step right foot forward diagonally, bring left up to right
- 7,8 – step right foot forward diagonally, bring left up to right

## Diagonal steps backward

- 1,2 – step left foot backward diagonally, bring right back to left
- 3,4 – step left foot backward diagonally, bring right back to left
- 5,6 – step left foot backward diagonally, bring right back to left
- 7,8 – step left foot backward diagonally, bring right back to left

## Hips

- 1,2 – step right foot back, bump right hip back
- 3,4 – bump left hip forward twice
- 5,6 – bump right hip back once, bump left hip forward once
- 7,8 – bump right hip back once, bump left hip forward once

## Shuffles

- 1&2 – Right shuffle forward
- 3,4 – Rock on the left foot, recover to the right foot
- 5&6 – Left shuffle backward
- 7,8 – Rock on the Right foot, recover to the left foot

## Shuffle & Turn

- 1&2 – Right shuffle forward
- 3,4 – step left foot forward bring right to left
- 5,6,7,8 – slowly swing hips quarter turn to the left

## Raised up & turn

- 1,2 – Rock forward on the right foot (sweep arms up), recover to left
- 3,4 – Rock back on the right foot (sweep arms back), recover to left
- 5,6 – Step forward on right foot and pivot half turn (sweep arms up and follow around the circle)
- 7,8 – Step forward on right foot and pivot half turn

## Vines

- 1,2,3,4 – vine to the right (step right foot to the right, step left foot behind right foot, step right foot to right, then bring left foot together)
- 5,6,7,8 – Vine to the left (step left foot to the left, step right foot behind left foot, step left foot to the left, then bring right foot together)

## Vine & stomp, clap, scoots

- 1,2,3,4 – vine to the right (step right foot to the right, step left foot behind right foot, step right foot to right, then bring left foot together)
- 5,6 – stomp left foot, clap (weight is on left foot)
- &7&8 – Scoot right foot diagonally forward, step with left foot, scoot right foot diagonally forward, step with left foot.

#### **Rock, recover, turn**

- 1,2 – rock forward on right foot, recover to left foot
- 3,4 – rock backward on right foot, recover to left foot
- 5,6,7,8 – paddle ¼ turn to the left

#### **Raised up & turn**

- 1,2 – Rock forward on the right foot (sweep arms up), recover to left
- 3,4 – Rock back on the right foot (sweep arms back), recover to left
- 5,6 – Step forward on right foot and pivot half turn (sweep arms up and follow around the circle)
- 7,8 – Step forward on right foot and pivot half turn

#### **Vines**

- 1,2,3,4 – vine to the right (step right foot to the right, step left foot behind right foot, step right foot to right, then bring left foot together)
- 5,6,7,8 – Vine to the left (step left foot to the left, step right foot behind left foot, step left foot to the left, then bring right foot together)

#### **Vine & stomp, clap, scoots**

- 1,2,3,4 – vine to the right (step right foot to the right, step left foot behind right foot, step right foot to right, then bring left foot together)
- 5,6 – stomp left foot, clap (weight is on left foot)
- &7&8 – Scoot right foot diagonally forward, step with left foot, scoot right foot diagonally forward, step with left foot.

#### **Rock, recover, turn**

- 1,2 – rock forward on right foot, recover to left foot
- 3,4 – rock backward on right foot, recover to left foot
- 5,6,7,8 – paddle ¼ turn to the left

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- 1,2 – rock forward on right foot, recover to left foot
- 3,4 – rock backward on right foot, recover to left foot
- 5,6,7,8 – paddle 1/2 turn to the left

**Submitted by: Debra Hargett - Email: [outlawshineeugeneoregon@gmail.com](mailto:outlawshineeugeneoregon@gmail.com)**

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