My Medusa



Count: 32 Wall: 4 Level: Improver

Choreographer: Amanda Rizzello (FR) - April 2025

Music: Medusa - Cameron Whitcomb

Intro: 16 counts

SECTION 1: Shuffle ½ turn x2, Step flick, Step hook, Rock step forward

Shuffle ½ turn L stepping R-L-R
Shuffle ½ turn L stepping L-R-L

5&6& Step R forward, flick L back (&) as you snap R hand to L heel, step L back, hook R over L as

you snap L hand to R heel

7-8 Rock R forward, recover on L

SECTION 2: Scoot back x2, Coaster step, Rock step, Shuffle ½ turn

1&2& Step R back, hitch L as you hop back, step L back, hitch R as you hop back

3&4 Step R back, step L next to R, step R forward

5-6 Rock L forward, recover on R 7&8 Shuffle ½ turn L stepping L-R-L

Restarts: Walls 2 and 4 - Restart the dance after 16 counts

SECTION 3: Vaudeville R, Vaudeville L, 1/4 turn cross, side, behind side cross

1&2& Cross R over L, step L to side, touch R heel diagonally forward, step R next to L 3&4& Cross L over R, step R to side, touch L heel diagonally forward, step L next to R

5-6 ¼ turn R crossing R over L, step L to L side7&8 Cross R behind L, step L to side, cross R over L

SECTION 4: Side rock, Behind side cross, Rocking chair

1-2 Rock L to side, recover on R

3&4 Cross L behind R, step R to side, cross L over R

5-6 Rock R forward, recover on L7-8 Rock R back, recover on L

BRIDGE - After 16 counts on wall 8

1 Step R to R side (keep weight on L)

2-4 Hold for 3 counts

Then continue the dance with Section 3