

# La Bomba

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Becky Shenefiel (USA) - April 2025

**Music:** La Bomba - Ricky Martin



**After they say "La Bomba" count 32 to start dance**

**S1: R SIDE ROCK, R CROSS SHUFFLE, L SIDE ROCK, L CROSS SHUFFLE**

- 1-2 Step R to R side, recover weight on L
- 3&4 Cross R over L, step L to left side, cross R over L
- 5-6 Step L to L side, recover weight on R
- 7&8 Cross L over R, step R to right side, cross L over R

**S2: PIVOT 1/ 2 L, SHUFFLE FWD R, PIVOT 1/ 2 R, SHUFFLE FWD L**

- 1-2 Step R fwd, pivot 1/ 2 left
- 3&4 Step R fwd, step L beside R, step R fwd
- 5-6 Step L fwd, pivot 1/ 2 right
- 7&8 Step L fwd, step R beside L, step L fwd

**S3: R FWD & L BACK MAMBO, R & L SIDE MAMBO**

- 1&2 Step fwd on R, lift & recover weight on L, step R beside L
- 3&4 Step back on L, lift & recover weight on R, step L beside R
- 5&6 Step R to right side, lift & recover weight on L, step R beside L
- 7&8 Step L to left side, lift & recover weight on R, step L beside R

**S4: PIVOT 1/ 4 L, R CROSS SHUFFLE, HIP BUMP L&R, BUMP L HIP TWICE**

- 1-2 Step fwd R, pivot 1/ 4 left
- 3&4 Cross R over L, step L to left side, cross R over L
- 5-6 Step L to L side as you bump out L Hip to left side, bump R hip out to right side
- 7&8 Bump L hip out to left side, hold, bump L hip out to left side

**NO TAGS OR RESTART**

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