

Crushing Cans

COPPER KNOB
STEPPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Kathy Brown (USA) - May 2025

Music: Crushin' Cans - Ryan Langdon



Intro: 8cts.

RIGHT HEEL GRIND 1/4 RIGHT, RIGHT COASTER, LEFT HEEL GRIND 1/4 LEFT, LEFT COASTER

- 1-2 Right heel grind 1/4 right
- 3&4 Step right back, step left back, step right forward
- 5-6 Left heel grind 1/4 left
- 7&8 Step left back, step right back, step left forward

Wall 3 – Repeat 1st 8cts., restart from beginning (6;00)

QUICK STEP FORWARD RIGHT, LEFT with TOUCHES, V STEP with COASTER

- &1&2 Quick step right forward, touch left, quick step left forward, touch right
- &3&4 Quick step right back, touch left, quick step back left, touch right
- 5-6 Step right forward angling right (clap), step left forward angling left (clap)
- 7&8 Step right back, step left back, step right forward

FORWARD SHUFFLES LEFT, RIGHT, 1/2 PIVOT RIGHT, TURNING 1/4 RIGHT, LEFT SIDE SHUFFLE

- 1&2 Step left forward, step right next to left, step left forward
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Step left forward, pivot 1/2 right
- 7&8 Turning 1/4 right, step left to side, step right next to left, step left to side

SYNCOPATED WEAVE LEFT, LEFT, RIGHT SIDE POINTS, SYNCOPATED WEAVE LEFT, LEFT SIDE ROCK CROSS

- 1&2 Step right behind left, step left to side, cross right over left
 - 3&4 Point left to side, step left to center, point right to side
 - 5&6 Step right behind left, step left to side, cross right over left
 - 7&8 Rock left to side, recover right, cross left over right
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