

Am I Okay?

COPPER KNOB
STEPPERS

Count: 32

Wall: 2

Level: Beginner

Choreographer: Doreen Darcangelo Post (USA) - April 2025

Music: Am I Okay? - Megan Moroney



**STARTS BEFORE VOCALS - NO TAGS OR RESTARTS, ENJOY!
A GREAT CONTRA DANCE TOO!**

Sec 1 - RIGHT FWD & LEFT BACK TOGETHER BOUNCES

1,2,3,4 Step R fwd, step L together next to R, bounce 2X

5,6,7,8 Step L back, step R together next to L, bounce 2X

Sec 2 - FORWARD STEP TOUCH WITH CLAPS

1,2,3,4 Step R ft fwd, touch L ft together, step fwd L ft touch R together clap

5,6,7,8 Step R ft fwd, touch L ft together, step fwd L ft touch R together clap

Sec 3 - RIGHT AND LEFT VINES

1,2,3,4 Step R ft to the side, step L ft behind R, step R ft to the side, touch L ft

5,6,7,8 Step L ft to the side, step R ft behind L, step L ft to the side, touch R ft

Sec4 -STEP R FWD TOUCH & BACK TOUCH STEP FWD 1/4 TURNS X2

1,2,3,4 Step R fwd, touch L together, step back L, 1/4 turn L, touch R together

5,6,7,8 Step R fwd, touch L together, step back L, 1/4 turn L touch R together

E-mail: doriepost@hotmail.com **Phone:** 607-857-1651

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