Smile With The Rising Sun AB

Level: Absolute Beginner

Choreographer: Helaine Norman (USA) - May 2025

Music: Three Little Birds - Bob Marley & The Wailers

Wall: 4

INTRO: 32 - No tags or restarts

Count: 64

Note: Leave out the 1/4 left turn to make it a 1-wall dance.

I. STEP-TOGETHER-STEP, TOUCH X2

- 1-4 Step R side, step L together, step R side, touch L together
- 5-8 Step L side, step R together, step L side, touch R together

II. STEP-TOGETHER-STEP, TOUCH X2

- 1-4 Step R side, step L together, step R side, touch L together
- 5-8 Step L side, step R together, step L side, touch R together

III. ¼ L-TURN, STEP-TOGETHER-STEP, TOUCH X2

- 1-4 Make ¼ turn left (9:00) step R side, step L together, step R side, touch L together
- 5-8 Step L side, step R together, step L side, touch R together

IV. STEP-TOGETHER-STEP, TOUCH X2

- 1-4 Step R side, step L together, step R side, touch L together
- 5-8 Step L side, step R together, step L side, touch R together

V. CROSS, HOLD, POINT, HOLD; CROSS, HOLD, POINT, HOLD

- 1-4 Step R over, hold, point L side, hold
- 5-8 Step L over, hold, point R side, hold

VI. SHUFFLE BACK, TOUCH OR HOLD X2

- 1-4 Step R back, step L together, step R back, touch L together (or hold)
- 5-8 Step L back, step R together, step L back, touch R together (or hold)

VII. TOUCH-BACK, HOLD, STEP-FORWARD (OR TOGETHER), HOLD; TOUCH-FORWARD, HOLD, STEP-BACK (OR TOGETHER), HOLD

- 1-4 Touch R back, hold, step R forward (or together), hold
- 5-8 Touch L forward, hold, step L back (or together), hold

VIII. TOUCH-BACK, HOLD, STEP-FORWARD (OR TOGETHER), HOLD; TOUCH-FORWARD, HOLD, STEP-TOGETHER, HOLD

- 1-4 Touch R back, hold, step R forward (or together), hold
- 5-8 Touch L forward, hold, step L back, hold

Note: Weight ends on L next to R.

Repeat

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