Damn-Bama

Count: 32

Level: Beginner

Choreographer: Madison Spears (USA) - April 2025 Music: Ala-Damn-Bama - Martin McDaniel

*1 Tag - 1 Restart

Tag Timing - Tag happens at the end of Wall 4, right before you start Wall 5 at the front wall. Tag is done facing the front Wall.

SECTION 1: Cross, Side, Behind, Point, Cross, Side, Behind, Point

- 1 -Cross L foot over R foot
- 2 -Step R foot to R
- 3 -Cross L foot behind R foot
- 4 -Point R foot to R side
- 5 -Cross R foot over L foot
- 6 -Step L foot to L
- 7 -Cross R foot behind L foot
- 8 -Point L foot to L side
- **RESTART happens here on Wall 9!

SECTION 2: Front Kick, L Side Kick, L Coaster Step, Front Kick, R Side Kick, R Coaster Step

- Kick L foot forward 1 -
- 2 -Kick L foot to L side
- 3&4 -Step L foot back, bring R foot to L foot, Step L foot forward
- 5 -Kick R foot forward
- Kick R foot to R side 6 -
- 7&8 -Step R foot back, bring L foot to R foot, Step R foot forward

SECTION 3: Rock, Shuffle Back, Back Rock, Shuffle Forward

- Rock L foot forward 1 -
- 2 -Recover on R foot
- 3&4 -Step L foot back, Bring R foot to L foot, Step L foot back
- 5 -Rock R foot back
- 6 -Recover on L foot
- 7&8 -Step R foot forward, Bring L foot to R foot, Step R foot forward

SECTION 4: ³/₄ Paddle Turn, Point R, Cross & Unwind, Hold

- 1-2 -Press L foot in front of you and push off the toes to turn 1/4 turn R
- 3-4 -Press L foot in front of you and push off the toes to turn 1/2 turn R

*These turn amounts do not have to be perfect. As long as you paddle twice and make a 3/4 turn, it's fine!

- Point R foot to R 5 -
- Cross R foot over L foot 6 -
- 7 -Unwind from the cross position, which would be 1/2 turn over L shoulder
- 8 -Hold (make sure L foot is ready to cross at beginning of dance)

TAG: Jazz Square

- 1 -Cross R foot over L foot
- 2 -Step L foot back
- 3 -Bring R foot to R shoulder width apart
- 4 -Tap L foot to R foot (do NOT put weight on L foot as it needs to cross next)





Wall: 4