Breathe With Me



Count: 32 Wall: 4 Level: Improver

Choreographer: Sharon Nai (SG) - May 2025

Music: Breathe With Me

Count In: 24 counts from start of track

S1: 1-8 R FWD, CROSS, SIDE, BEHIND, SAILOR STEP, SWAY L R, TOUCH

1 2&3 Step R fwd, Cross L over R, Step R to R, Step L back & sweep R

4&5 Step R behind L, Step L to L, Step R to R 6 7 8 Sway L, Sway R, Touch L next to R

S2: 9-16 SIDE, TOGETHER, FWD SHUFFLE, FWD ROCK, RECOVER, ½ R SHUFFLE

1 2 Step L to L, Step R together

3&4 Step L fwd, Step R together, Step L fwd

5 6 Fwd rock on R, Recover on L

7&8 ½ R stepping R fwd, Step L together, Step R fwd

S3: 17-24 FULL TURN R, FWD LOCK STEP, FWD, PIVOT 1/4 L, CROSS SHUFFLE

1 2 ½ R stepping L back, ½ R stepping R fwd 3&4 Step L fwd, Lock R behind L, Step L fwd

5 6 Step R fwd, Pivot ¼ L

7&8 Cross R over L, Step L to L, Cross R over L

S4: 25-32 SIDE, TOUCH, ¼ R FWD SHUFFLE, CROSS, SIDE, BEHIND, BEHIND, ¼ L SIDE, TOUCH

Step L to L, Touch R next to L T2 + Restart
R step R fwd, Step L together, Step R fwd
Cross L over R, Step R to R, Step L back
Step R back, ¼ L step L to L, Touch R next to L

TAG 1 At the end of wall 4

1 2 3 4 Sway Right, Left, Right, Left

TAG 2 At wall 8 after count 26, add tag, then restart dance facing 12:00 for wall 9

1 2 Sway Right, Left

Ending At end of wall 10, you will be facing 6:00, do a pivot ½ L to finish the dance facing the front.