At the End of the Day

Count: 32

Level: Improver

Choreographer: Darren Mitchell (AUS) - May 2025

Music: At The End Of The Day (feat. Anthony Uy) - Music Travel Love

BEATS DESCRIPTION 32 COUNT 4 WALL IMPROVER DANCE (Intro: 16 counts)

FORWARD, BACK, SHUFFLE BACK, BACK, BACK, COASTER CROSS

- 1.2 Step right forward, rock back onto left
- 3&4 Shuffle back: Right-Left-Right,
- 5,6 Step left back, step right back,
- 7&8 Coaster Step: step Left back, step Right together, step Left across in front of right. (12:00)

SIDE, ROCK, SHUFFLE ACROSS, SIDE, ROCK, SHUFFLE ACROSS

- 1,2 Step Right to the side, side rock onto Left,
- 3&4 Shuffle Right across in front of Left: Right-Left-Right,
- 5.6 Step Left to the side, side rock onto Right,
- 7&8 ** Shuffle Left across in front of Right: Left-Right-Left (12:00)

SIDE, BEHIND, ¼ TURN, FORWARD, ½ TURN, ¼ TURN, BEHIND, ¼ TURN

- Step Right to the side, step Left behind Right, 1,2
- 3,4 Turn ¹/₄ turn Right stepping Right forward, step Left forward, (3:00)
- 5,6 Turn ¹/₂ turn Right taking weight onto Right, turn ¹/₄ turn Right stepping Left to the side,
- Step Right behind Left, turn ¼ turn Left stepping Left forward. (9:00) 7,8

PADDLE TURN, PADDLE TURN, JAZZ BOX

- Paddle Turn: step Right forward, turn 1/4 turn Left taking weight onto Left, 1,2
- 3,4 Paddle Turn: step Right forward, turn ¼ turn Left taking weight onto Left,
- Jazz Box: step Right across in front of Left, step back on Left, 5,6
- 7,8 Step Right to the side, step Left together. (3:00)

[32] **REPEAT**

Restart: On wall 3, dance to the first 16 counts (**) then restart the dance from the beginning facing 6:00.

Tag: At the end of wall 6 facing 3:00, add the following 4 count tag: then restart dance facing 6:00.

- 1,2 Pivot Turn: Step Right forward, turn 1/2 turn Left taking weight on to Left. (9:00)
- 3,4 Paddle Turn: Step Right forward, turn 1/4 turn Left taking weight onto Left. (6:00)





Wall: 4