Shoot for the Heart



Count: 32 Wall: 4 Level: Easy Intermediate

Choreographer: Jeanie Atmaja (INA) - May 2025

Music: shoot - NO NA



Tag 16 c after wall 8

7 - 8&

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Sec 1 : BRUSH 1 – 2 3 & 4 5 & 6	H, KNEE POP 3x, BACK ROCK, BEHIND SIDE CROSS Brush R beside L, Step R to right side popping left knee Hold, Step L inplace popping right knee, Step R inplace popping left knee Step L behind R, Step R inplace, Step L to left side
7 & 8	Step R behind L, Step L to left side, Cross R over L
Sec 2 : SYNCOPATED SIDE BACK ROCK, JAZZ BOX TURN CHASSE	
1 & 2	Step L to left side, Step back on R, Step L inplace
& 3 &	Step R to right side, Step back on L, Step R inplace
(stay on balls of feet and make them small steps)	
4	Step fwd on L to left diagonal (10:30)
5 – 6	Cross R over L, Turn ¼ R Step back on L (1:30)
7 & 8	Turn 1/8 R Step R to right side, Step L beside R, Step R to right side (3:00)
Sec 3 : CROSS POINT, TOUCH, POINT, CROSS ROCK RECOVER	
1 – 2	Cross L over R, Point R to right side
3 & 4	Hold, Touch R beside L, Point R to right side
5 & 6	Cross R over L, Step L inplace, Step R to right side
7 & 8	Cross L over L, Step R inplace, Step L to left side
Sec 4 : TOUCH, POINT, BEHIND SIDE CROSS, BOUNCE, CHEST PUMP	
1 – 2	Touch R forward, Point R to right side
3 & 4	Step R behind L, Step L to left side, Cross R over L
5 – 6	Bounce on both feet turning 1/4 left (12:00), Bounce on both feet turning 1/4 left (9:00)
&7&8	Chest out, Chest in, Chest out, Chest in
(Optional Styling : Push hands forward on count 7 and count 8)	
TAG (16 count) after wall 8, facing 12:00	
Sec 1 : SERPI	ENTE, ROCK FORWARD 2x
1 – 2&	Step back on R sweeping L from front to back, Step L behind R, Step R to right side
3 – 4&	Step forward on L sweeping R from back to front, Cross R over L facing left diagonal (10:30), Step L to left side still facing 10:30
5 – 6&	Step forward on R, Step L inplace, Turn 1/8 R Step R to right side (12:00)
7 – 8&	Turn 1/8 R Step forward on L (1:30), Step R inplace, Turn 3/8 L Step forward on L (9:00)
Sec 2 : Basic NC, HALF DIAMOND, SWAYS	
1 – 2&	Turn ¼ L Step R to right side (6:00), Step L beside R, Cross R over L
3 – 4&	Step L to left side, Turn 1/8 R Step back on R (7:30), Step Back on L
5 – 6&	Turn 1/8 R Step R to right side (9:00), Turn 1/8 R Step forward on L (10:30), Step forward on

Turn 1/8 R Step L to left side sway body to left (12:00), Sway body to right, Sway body to left