

4 Cowboy

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Valentina Trigila (DE) & Gianni Hook Valassi (IT) - May 2025

Music: Rough Ride For A Cowboy - MacKenzie Porter



BRIDGE after 16 counts at 8° wall

RESTART: after 16 counts at 2° and 4° wall

Seq. 1) ROCK SIDE / SHUFFLE CROSS / ROCK SIDE / COASTER STEP

- 1 - 2 step R to right side – recover L
- 3&4 step R cross over L – together - step R cross over L
- 5 - 6 step L to left side – recover R
- 7&8 step L back – step R next L – step L forward

Seq. 2) STEP PIVOT / SLIDE / CROSS ROCK BACK / STEP SIDE / STOMP UP

- 1 - 2 step R forward – ½ turn (weight on L)
- 3 - 4 big step R to right side – slide L (drag your foot L next R)
- 5 - 6 step L cross back R – recover R
- 7 - 8 step L to left side – stomp up R diagonal right

Restart at 2° wall (h 3), 4° wall (h 6)

***Bridge at 8° wall**

Seq. 3) diagonal KICK BALL STEP x 2 / ROCK SIDE / CROSS BEHIND CROSS

- 1&2 kick R forward - R next to left – step L forward
- 3&4 kick R forward - R next to left – step L forward
- 5 - 6 step R to right side – recover L
- 7&8 step R cross behind L – step L next R – step R ¼ turn left

Seq. 4) ROCK STEP / COASTER STEP / JAZZ BOX ½ TURN

- 1 - 2 step L forward – recover R
- 3&4 step L back – step R next L – step L forward
- 5 - 6 step R cross over left ¼ turn – step L back –
- 7 - 8 step R forward ¼ turn – step L forward

***Bridge**

Change the last 2 steps of the 2° seq

- 7 - 8 step L ¼ turn right – step R ½ turn right
- 1 - 2 step L forward – touch R next L (weight on L foot)
- 3 - 8 hold

Final at 9° wall

Change the last 2 steps of the 2° seq

- 7 - 8 step L to left side – stomp up R
- 1 - 2 big step R back – slide L (drag your foot L next R)