

# Get Yourself To Tully

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Improver / Easy Intermediate

**Choreographer:** Paul McQueen (AUS) - 16 May 2025

**Music:** Get Yourself to Tully - Colin Buchanan



**Original Position:** Feet Together Weight On Left Foot

**Steps:** This Dance Is Done In Four Directions. The Introduction Is 16 Counts.

## **Forward "V" Step, Reverse "V" Step**

- 1, 2 "V" Step: Step R Forward At 45o Right, Step L Forward At 45o Left,
- 3, 4 Step R Back To The Centre, Step L Together,
- 5, 6 "V" Step Backward: Step R Backward - 45o Right, Step L Backward - 45o Left,
- 7, 8 Step R Forward To The Centre, Step L Together.

## **Cross Rock, Side Shuffle ¼ Right, Shuffle Forward, Touch L Toe Behind R**

- 1, 2 Cross Rock R Over L, Recover On L, (12.00)
- 3 & 4 Side Shuffle: R-L-R ¼ Turn Right, (3.00)
- 5 & 6 Shuffle Forward: L-R-L,
- 7, 8 Step R Forward, Touch L Toe Behind R. (3.00)

## **Back, Lock, Back-Lock-Back, Back, Lock, Back-Lock-Back**

- 1, 2 Step L Backward, Cross R Over L,
- 3 & 4 Lock Step Diagonally Backward: L-R-L,
- 5, 6 Step R Backward, Cross L Over R,
- 7 & 8 Lock Step Diagonally Backward: R-L-R. (3.00)

## **Vine Left & Touch, Touch Hitch, Touch Hitch**

- 1, 2 Step L To The Left Side, Step R Behind L,
- 3, 4 Step L To The Left Side, Touch R Toe Together,
- 5, 6 Touch R Toe To The Right Side, Hitch R Knee Across In Front Of Body,
- 7, 8 Touch R Toe To The Right Side, Hitch R Knee Across In Front Of Body. (3.00)

**(Styling: Slap Left Hand Across R Knee)**

**[32] Repeat The Dance In The New Direction**

**Ending Sequence Complete The First 8 Counts, Turning ¼ Right To Finish With A Pose. (12.00)**

## **\*\*\*3 Tags Tags:**

### **T1: At The End Of Wall 1 Add The Following:**

- 1, 2 Rocking Chair: Step R Forward, Rock Back Onto L,
- 3, 4 Step R Back, Rock Forward Onto L.

### **T2: At The End Of Wall 4 Add The Following:**

- 1, 2 Jazz Box: Step R Across In Front Of L, Step L Back,
- 3, 4 Step R To The Side, Step L In Front Of R.

### **T3: At The End Of Wall 7 Add The Following:**

- 1, 2 Side Touches: Step R To The Right Side, Touch L Next To R,
- 3, 4 Step L To The Left Side, Touch R Next To L.

**Restart: On Wall 3 - Dance To Count 8 And Restart The Dance**

**This Choreography Is For Teaching Purposes Only. All Music Rights Remain With The Artist.**

Contact:

Paul Mcqueen

Mobile: 61+438 639 150 Email: Paulwilliammcqueen@Gmail.Com

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