

Sorry Not Sorry

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Payten Futch (USA) & Derek Jackson (USA) - May 2025

Music: Me Too - Meghan Trainor



INTRO: 40 COUNTS FROM START OF SONG

[1-8]: WALK R, L, ROCK-RECOVER-CROSS, HIP ROLL WITH 1/4 TURN L, BODY ROLL DOWN

- 1-2 1)Step forward on R, 2)Step forward on L
- 3&4 3)Rock R to R side, &)Recover on L, 4)Cross R over L
- 5-6 5)Step L to L side, 6)Roll hips from L to R making a 1/4 turn L
- 7-8 7)Roll shoulders back, 8)Roll hips down keeping weight on L

[9-16]: SAILOR STEP, BEHIND, 1/4 STEP, 1/2 TURN STEP, CAMEL WALKS FORWARD

- 1&2 1)Step R behind L, &)Step L to L side, 2)Step R to R side
- 3&4 3)Step L behind R, &)Step R to R side making a 1/4 turn R, 4)Step forward on L making a 1/2 turn over R shoulder
- 5-6 5)Step forward on R popping L knee, 6)Step forward on L popping R knee
- 7-8 7)Step forward on R popping L knee, 8)Step forward on L popping R knee

[17-24]: HEEL, STEP, BEHIND-SIDE-CROSS, SLIDE, HEEL, TOUCH

- 1-2 1)Step forward on heel of R, 2)Make a 1/4 turn R stepping L to L side
- 3&4 3)Cross R behind L, &)Step L to L side, 4)Cross R over L
- 5-6 5)Take big step L on L dragging R towards L, 6)Close R next to L taking weight on R
- 7&8& 7)Touch L heel forward, &)Step down on L, 8)Touch R toe next to L, &)Step down on R

[25-32]: HEEL TWIST, COASTER STEP, PIVOT 1/2 TURN, PIVOT 1/2 TURN W/ FLICK

- 1&2 1)Touch L toe forward, &)Twist L heel out, 2)Twist L heel in
- 3&4 3)Step back on L, &)Step R next to L, 4)Step forward on L
- 5-6 5)Step forward on R, 6)1/2 turn over L shoulder shifting weight to L
- 7-8 7)Step forward on R, 8)1/2 turn over L shoulder shifting weight to L while flicking R heel up

TAG: 40 COUNTS

HAPPENS AT THE END OF WALL 3

[1-8]: RUN X4, OUT-OUT-IN-IN, BACK X4, CLOSE, KNEE POP

- 1&2& 1)Step forward on R, &)Step forward on L, 2)Step forward on R, &)Step forward on L
- 3&4& 3)Step R to R side, &)Step L to L side, 4)Step R to center, &)Step L next to R
- 5&6& 5)Step back on R, &)Step back on L, 6)Step back on R, &)Step back on L
- 7&8 7)Step R next to L, &)Pop both knees forward, 8)Return knees back with weight ending on L

[9-16]: SIDE, BEHIND, HEEL AND CROSS, SYNCOPATED VINE W/ 1/4 TURN, 1/2 PIVOT TURN

- 1-2 1)Step R to R side, 2)Step L behind R
- &3&4 &)Step back on R, 3)Show L heel, &)Step L next to R, 4)Cross R over L
- 5-6& 5)Step L to L side, 6)Step R behind L, &)Step L to L side making a 1/4 turn L
- 7-8 7)Step forward on R, 8)1/2 turn over L shoulder shifting weight to L

[17-24]: SHUFFLE FORWARD, ROCK RECOVER, KNEE DIPS X4

- 1&2 1)Step forward on R, &)Step L next to R, 2)Step forward on R
- 3-4 3)Rock forward on L, 4)Recover on R
- 5-6 5)Step L to L side dipping R knee, 6)Recover on R dipping L knee
- 7-8 7)Recover on L dipping R knee, 8)Recover on R dipping L knee while making a 1/4 turn R

[25-32]: 1/4 TURN R, ROCK BACK, RECOVER, BALL STEP, SLIDE, SAILOR STEP, STEP, FLICK

- 1-2& 1)Step forward on L making a 1/4 R, 2)Rock R behind L, &)Recover on L
3&4 3)Step R to R side, &)Step L next to R, 4)Take big step to R with R while dragging L toward R
5&6 5)Step L behind R, &)Step R to R side, 6)Step L to L side
7-8 7)Step forward on R, 8)Flick L heel up while making a 1/4 turn L

[33-40]: 3/4 TURN, COASTER STEP, V-STEP W/ FLICK

- 1-2 1)Step L to L side making a 1/4 turn L, 2)Step R forward making a 1/2 turn L
3&4 3)Step back on L, &)Step R next to L, 4)Step forward on L
5-6 5)Step R out to R diagonal, 6)Step L out to L diagonal
7-8 7)Step R to center, 8)Step L to center while flicking R heel up
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